



April 9th, 2022, URMR Business Meeting (Virtual)

Begin meeting with Serenity Prayer by Kaleb

Readings:

12 Traditions: Ben
12 Concepts: Derrick
Service Prayer: Shawn

Clean time recognition since our last meeting:

Roll Call:

Chair: Kaleb H -

Vice Chair:

Treasurer: Shawn S-

Secretary: Maggie K – present

Regional Delegate: Gail W – present

Alternate Delegate: Ray B – absent

Convention Chair XXII: Ben H – present

Convention Chair XXIII – Karen - late

Web Servant: Derrick T - present

Regional Committee Members:

Central Basin: Stepheno - present
Central Wyoming: Billy – present
Freedom Seekers: Austin R- present
Wyo-Braska: Dave W – stepping in for the new RCM
Wyoming Western: Lara H- present

Other Guests:

Derek – Wyoming Western

Do we have a quorum to conduct business? Yes

Number of voting members that equals 90% - Yes

Approval of Previous Minutes – cannot approve the minutes until amended

Reports:

Chair: Chair Report 4/9/22

Hello all,

I had an incredible time at the assembly last weekend. It was my first one and I never want to miss it again! I definitely won't be voting in any GSR's that are unsure if they will make it. I learned lots and made some new friends. I am excited to be here today, however this will be my last region as your chair. I did not see this coming, but I have the opportunity to go to grad school starting this summer and the summer classes are full days on the weekends. My first day of class is June 4th which is the same day as our next meeting. I feel bad about leaving my position early, but I am very excited for the opportunity to go to school that is only possible because of narcotics anonymous, so thank you!

ILS,

Kaleb H

Report Questions:

Vice-Chair – vacant

Treasurer:

April 9, 2022

Treasurer's Report

Hello Upper Rocky Mountain Region.

As of today, the checkbook balance is **\$4444.79**

We spent 258.17 on the Regional Assembly. This included hotel and travel for our delegate team and refreshments.

The following is a list of donations that have been received so far in 2022:

Central Basin Area	\$ 371.00
WyoBraska Area	\$
Freedom Seekers Area	\$
Wyoming Western Area	\$
Central Wyoming Area	\$
Living Proof Group	\$ 301.96
URNRCNA 22	\$ 50.00
Solutions Group	\$ 30.00

Donations to World 2022 \$ 6568.79

If you have any questions, please give me a call at **307-679-0473**.

For any donations please mail them to: **208 Center Street
Evanston, WY 82930**

Thank you for letting me be of service,
Shawn S.

Report Questions: Maggie asked about the detailed report for the end of last year. Shawn answered no. He then asked if the regional wanted a penny-by-penny detailed account of the regions bank account. Gail said that she has had questions about how much has been donated to world and asked for it to be moved to the sharing session. Derrick mentions that the email that was sent about the web hosting was just a scam and that they did not get involved in the scam and the money allotted to pay that bill can now be added back to the bank account. Gail talks about getting that email on a regular basis and she usually deletes it before Derrick sees it but didn't manage to do so this time around. Kaleb asks Gail what she wanted to add to the sharing session. Gail mentions again that it is the sharing of how much is sent to World Services. Austin speaks up and says that it is more detailed than that. He talks about a GSR is asking about where all the funds go that the region has access to. Austin says that most of it goes to world, travel, host groups and that sort of thing. Gail mentions that if a detailed account of the funds is what is being asked for then we need timeframes. What timeframes are needed? Maggie states that the timeframe that is being asked for is the last year. Gail asks if the fiscal year is wanted or the calendar year. Ben commented but was unclear. Kaleb states that all of Shawn's reports are in the minutes and that all you have to do is look back at the minutes. Maggie brings up that she has given this group the reports that she has for the treasurer and this group is not happy with those reports and they are asking for a detailed report about where are the funds go. Like this much went to travel, this much went for hotels, this much went to the website and so on. Gail asks again that this be put into new business and that we talk about it there. Shawn says that if this one single group in our region that has obviously hasn't donated and is not here participating in the region, if they haven't donated to this point why should we kiss their asses and give them anything?

Regional Delegate:

Hello Regional Committee Members!

What a great GSR Assembly we had! I want to thank everyone for all their hard work and participation at the assembly, it was extremely successful. I also want to especially thank Stepheno for all his work in securing the location and organizing the Pre-Assembly Fundraiser. It was amazing to see everyone in person and fellowship! We had around 32 participants including the delegate team, with strong participation from 3 of our area's – Wyoming Western, Central Basin and Central Wyoming, Wyo-Braska had minimal participation, with 6 attendees, one being an alternate GSR, one visitor, the remaining 4 are regional committee members. Unfortunately, we had no participation from Freedom Seekers. The delegate team feels a conversation needs to occur today about how we can make the assembly more attractive or accessible and how we can assist the areas who struggle to send representation.

The first part of the assembly was the GSR Workshop, which lasted the entire morning until we broke for lunch. The participants were eager to learn, and the interactions and input was enlightening, and we feel that region learned a lot about what is needed and what the GSR's biggest concerns are. The main concerns were about the flow of information and communications. What we learned was that many of the participants did not understand the process of how they can get the information needed or how to utilize their RCM's. The GSR's have felt a disconnect from region and from the process of communication. The willingness of the participants to speak out and voice their concerns was admirable and we learned so much from them. The take-away from this session should be that region explore ways to strengthen the groups relationships with their RCM's, offer more support to the areas and the RCM's to ensure a level of trust and freedom to ask any questions they have. It should be a priority that we address ways to keep the communication flowing and continue the conversation.

The second session after lunch was the RCM Workshop, after we broke up into the small group discussions, the delegate team went around to each group to see their progress and answer any questions. It was at this point that a question and conversation in one of the small groups changed the course of the assembly. There was confusion on why we were not presenting the Interim CAR/CAT, why their groups had not had any information on this and also there was confusion on how the WSC works, how do they vote, and what the process was. It was clear that at that point we needed to hit pause on the RCM Workshop and address their questions.

The rest of the assembly was centered on a question-and-answer session. Regional committee members answered many questions, offering experience and information that the participants found to be extremely helpful and clarified many questions and removed the confusion regarding the Interim CAR/CAT. The delegate team feels this was the most productive portion of the assembly, as it brought an understanding of how region serves the areas and our dedication to serving them in the best way possible.

Items that we covered during this session:

- The financial situation at NAWS
- How to support NAWS
- The cost of a WSC
- How the CAR is presented
- How to get involved in CAR workshops

- Our region's position regarding the CAT
- The reasons why we do not usually workshop the CAT
- What a vote of confidence means in our region
- How to tally votes
- Where to bring the votes
- The RCM Report format
- Region offers workshops of an area's choice
- How to request a workshop
- How to communicate with region
- Region offers support to areas
- How to request support from region
- Resources on where to get information (www.na.org , RCM's, region)
- The URMR GSR Assembly Facebook page
- General questions

We gathered participant's names, phone numbers and email addresses and if they have Facebook. The take-away from this session is that the GSR's and participants will take back their groups and areas requests for suggestions on how they would like to have a way to communicate directly with region, they will "spread the word" about the assembly and assist in gaining more interest in the assembly. Region has promised to discuss how to best communicate with them as well.

Throughout the assembly the delegate team conveyed that region serves the areas, and we are here to help them in their efforts. We stressed how important their voice is and how much we want to hear from them. It is this delegate's belief that the most important thing we accomplished at the assembly was that we made region more accessible to the members of our region.

An email was generated yesterday from our region's email address urmrna@gmail.com to all the participants who gave their email addresses to touch base with the attendees and let them know that region heard them, and we will be working towards continuing the conversation, below is the email that was sent:

Good Morning,

We hope you all arrived home safe last night after the assembly!

What an amazing assembly! Thank you everyone for attending and participating! Your input is invaluable and as a region we learned so much from you.

The delegate team and the regional body want you to know that we heard you and we will be discussing ways to address your needs and concerns.

We are sending this email out to begin working on communications with each of you and will keep you posted on the next steps on meeting the needs you all expressed yesterday. We welcome any suggestions and encourage you to attend the next regional business meeting that will be held virtually. The link and time for that meeting will be sent out soon.

We will be posting the workshops on our region's website Upper Rocky Mountain Region of Narcotics Anonymous (urmrna.org) soon!

We will also be reviewing the sign in sheet from yesterday and start sending Facebook invites to those who listed yes on Facebook to join the URMR GSR Assembly FB page.

Only a few email addresses came back as undeliverable, and the delegate team will be asking the RCM's if they could get the correct email address.

Requested for expenses to be taken from the debit card was \$600.00, however that amount was not used. Here is a breakdown of the expenses:

Venue – \$100.00

Gas – \$70.96

Hotel – \$134.89

Food and masks – \$52.32

Total spent: \$358.17

Thank you for allowing me to be of service

Gail W – URM Regional Delegate

Report Questions: Shawn finished his report after Gail's report. He reported that we are passing on \$944.19. Stepheno informed the region that he had spotty service and he might lose reception. Austin has a question for Gail. He asked areas could better the communication. He asked if they could attend regional for themselves if they want. Gail answered that she was just reporting what they asked and that it is also in the sharing session so that we can address this topic.

Alternate Delegate: No Report

Report Questions: None

Web Servant:

Hello Region Members,

I hope everybody is doing well. Since our last business meeting. We were able to get Thermopolis, as well as Gillette meetings updated on the meeting list. As usual please let us know of any updates or new meetings on the GSR Report. We got a meeting counter up and functional. Which is located at the bottom of the meeting list. This will give us a current count of Groups(41) and Meetings(120). We also now have an NA clean time calculator, which is available in the menu.

The flyer page has some new flyers up. The convention email address has been updated. We also got some events on the page. We also got Karen M. and Jay T added to the google group. As Convention Chair and Vice Chair for URMRCNA 23.

Our Norton Protection Plan auto renewed, \$244.00, on April 8th, and is good for 1 year.

Thank you!

ILS Derrick T

Report Questions: None

Convention XXII:

Hello region the 22nd convention is on its way! We had a great time at the regional assembly, the fundraiser was a success. The program committee is working on pulling workshop speakers from the pre registration and working on topics. It looks like Saturday will be a full day of recovery with workshops, Chris and Boyd —NA history, swim party, main speaker then some other activities. We have about 100 pre registrations. There will be a convention meeting at Powell on April 16th at 11 a.m. with zoom option. We have are pre registration bags up to 150 people and should have

Merchandise to sell at convention. Hope to see you all there May 20th To 22nd in Thermopolis!! ILS Ben

Report Questions: Austin asked if there were any rooms available and Ben answered with get on expedia. Lara asked if Stephano was being serious about people camping in his year. Stephano answered with it might be an option. Ben mentions that we might have grown out of Thermopolis. Kaleb mentioned that Expedia rents the rooms and then sells them for a higher price and then it seems like the hotel is booked out but they really aren't.

Convention XXIII –

April 9, 2022 URMRNA Meeting

2023 Convention Chair Report

Greetings,

We have a lot of our main positions filled and are attracting members who are willing to serve. We have had one planning meeting so far and will have another on Sunday April 10. Our theme and logo contest is open and we are going to give the winner a full registration to the 2023 Convention.

The 2022 Convention Chair has added me to the bank account as a signer last weekend and that was fairly easy to do.

Our Hotels and Hospitality Chair has been busy getting feelers out for locations and pricing, although it is looking like Cheyenne may be the city. More to come on a for sure hotel there.

Still early in planning but it's looking like many willing hands so we are grateful.

In Loving Service, karen m

RCM Reports:

Verbal: Nothing particularly new. Other than having assembly there. There is 2 new groups. One is on the meeting schedule but still a little sketchy. The other one is in Greybull and there isn't any GSR support. Still inconsistent. The rest of the verbal report keeps cutting in and out.

Central Basin Area:

RCM Report From Central Basin Area

Report Date: 4/9/22

RCM: Stepheno; 307.921.0880

Alternate RCM: Tallen; 307.254.8891

Number of Groups: 6

Number of Meetings Per Week: 14 (bumped up 2 to include mtgs. in Riverton)

Average Number of Members: 30

Number of Newcomers: 2

Do You Have Any New Meetings? Yes

Meeting Name: Key To Hope

Day It Meets: Tues., Fri.

Time It Meets: 8pm

Location: 1116 W. Park Ave.

Format: Discussion

Registered With NAWS (Group Number): Riverton, yes; Greybull?

Note that the Greybull & Riverton groups do not have GSR representation.

Area Chair and Contact Information: Dana K.; dana.kinney@pvhc.org

Area Sub-Committees:

Activities: N/A

H&I: Cedar Mt. Center, Cody: meets Friday nights @ 6pm. Meetings are currently cancelled until further notice due to Covid.

Cody Group has initiated a return to the Park Co. jail.

Hot Springs Co. Jail. Meeting once a month at 7pm,

Thursdays. Staffing has been a problem. Have communicated with detention officials and the schedule adjustment is ok.

Applications to State Corrections/ Honor Farm in the works for southern CBANA members.

Literature: All good.

PR: Panel Project on hold till after the convention in May.

Phoneline: Report only 1 call over the past 2 month period; numerous spam calls continue- upwards of 20 recorded. Number & scan codes are posted on the Area meeting & help flyer used by H&I in local communities.

Upcoming Events: Friday Night GSR Assembly Kickoff: Dinner, Chili Cook-off, Speaker,

Fundraiser. TBA; Riverton, April 1st, 2022

Area Concerns:

How can URMR better serve your Area?

Any topics for sharing session?

Donation to Region: None

Next Area Service Committee Meeting Date: March 12, 2022, Thermopolis

Additional Comments: RCM Welcome Packet & Best Practice Guide For CBANA moving

forward. Transitioning from concept & outline form to a Google Site. Expanding the scope to include WSC cycle materials & GSR Assembly and Area Hosting Responsibilities.

Regional meeting minutes timely availability in order to report at Area meetings; source material access (audio files, etc.). ???

Possible Abridged/ condensed GSR specific minutes subset.

Thanks everyone for making the GSR Assembly a great success!

RCM Questions: None

Central Wyoming Area:

Report Date: 4-9-2022

Area Name: Central Wy

RCM: Billy P

Alternate RCM: CJ

Number of Groups: 7

Number of meetings per week: 18

Average number of members: 18

Number of Newcomers: 3

Do you have any new meetings? No

Meeting name

Day it meets

Time it meets

Location

Format

Registered with NAWS (Group number)

Area Chair and contact information:

Area Sub-Committees:

Activities : Our area voted on an Adhoc for a Unity Days for the month of september flyers will be coming we are trying to gather members in our area to participate. We have several events coming in the months. April 30th Spring Fling hosted by No Matter What Group. May 1st 2022 will be a speaker jam hosted by the PR committee.

H&I They present at the Natrona county jail with 2 meetings a month both men

and women. We bring 2 meetings a month both men and women to CWCC. We also have WBI that we bring 1 meeting a month to. H&I plans to bring meetings to Rawlins State prison within the next month. They are talking to Lusk State prison this meeting may only be zoom meetings.

Literature: Our literature is really busy and has been able to keep up but was suggesting that we try another form of payments to make transactions faster such as Venmo.

PR : PR has been trying to ask our area to look at adopting the PR umbrella and has gotten quite a bit of push back from the areas other sub committee to come up with information to show them what it looks like. This will be presented at the next area business meeting

Upcoming Events: I reported most of the upcoming events in our activities section.

Area Concerns: Our area concerns would be that is our area making an effort to help the groups out. Some of us look for change as see resistance with new information and becoming personal attacks on members in the area. The consensus seems that there is a lot of taking sides between the sub-committees. Not a lot of principles being followed.

How can URMR better serve your area? I think that as an area we could use some classes to identify what things we have that are good and what things we have that are good.

Any topics for the sharing session? GSR assembly

Donation to Region: We will work on getting donations we do have some coming and I believe that the groups are making an honest effort to contribute in the way that the service structure is designed.

Next Area Service Committee meeting

Date:4-28-2022

Additional Comments: I will be asking for peoples in all the areas to help with unity days work shops etc

RCM Questions: Gail asks if Billy's area is asking for workshops. Billy replied that he hasn't asked the ASC so he is unsure. He refers it back to the area. He also states that his area is a complete mess. Having trouble with H&I and PR. Talks about personalities over principles. Gail talks about a member that contacted her about going into Lusk. This member mentioned that they aren't allowed to go to the prison and that multiple entities are trying to go into the prison.

Freedom Seekers Area:

Hey Everyone,

Sorry I was unable to attend the Regional assembly. I had to work. Attached is my report. I did reach out and have a couple conversations with the addict in Newcastle thats starting their meeting and invited them to our area meeting. I tried to get a presentation together about Microsoft Teams, but its kind of hard to do with just my phone, I switched jobs so I know longer have my work phone or I could have used it. If I had another individual that i knew had teams it would have been easier to accomplish. But with that being said I think its time to just have in person meetings. I also am going to put an updated meeting list in this email because I received an email with an excel sheet attached to it with most of our meeting information being incorrect. Thanks for letting me be of service.

Austin R.

Freedom Seekers Area Meeting

The Refuge:

Monday 5:30PM

Tuesday 6:00PM

Wednesday 12:00PM and 5:30PM

Thursday 7:00PM

Friday 5:30PM

Saturday 7:00PM

Sunday 8:15AM

Lost and Found:

Sunday 3:00PM

New Freedom:

Monday 7:30PM

Tuesday 7:30PM

Wednesday 6;00PM Book Study

Thursday 7:30PM

Friday 7:30PM Candlelight

Saturday 7:30PM

Sunday 7:30PM

RCM Questions: Derrick asked if Austin could put the new noon meeting in the chat because he couldn't find it in the report. Austin replied with yes.

Wyo-Braska Area:

RCM Report Form

Report Date: Area 12/04/21

Name: RCM: Western Wyoming Lara H.

Alternate RCM: N/A

Number of Groups: 9

Number of meetings per week:25 Number of Newcomers 10-15 Per Group unknown

Average number of members: 25

Do you have any new meetings? Yes

meeting name

Day it meets

Time it meets

Location Format

WWA PR Chair updated meeting list with web servant (see attached meeting list registered with NAWS (Group number)

NAWS Registered Chair and contact information:

Shawn S. shawnsaban@yahoo.com 307-679-0473

Area Sub-Committees:

Activities

Learning Days/Activities Chair: Brian A. (Welcome Home Group)

H&I

H&I, Literature & PR are consolidated into one position under the PR Chair see information below

Literature

PR Crystalynn S.

H&I has continued meetings in the Uinta County jail and has resolved all scheduling conflicts.

Upcoming Events:

Area Concerns:

How can URMR better serve your area?

Any topics for the sharing session?

Donation to Region:

Next Area Service Committee meeting date: 12/18/21

Additional Comments:

Region requested information was reviewed at the last area meeting. WWA consensus is as follows.

RCM Questions: None

Wyoming Western Area:



RCM Report Form

Report Date: 04/09/2022

Area Name: Wyoming Western

RCM: Lara H.

Number of Groups: 9

Number of meetings per week: 25

Average number of members: 4-25

Number of Newcomers: 16

Do you have any new meeting? No

Area Chair and contact information: Shawn S. shawnsaban@yahoo.com 307-679-0473

Area Sub-Committees:

Activities/Learning Days Chair: Brian A. (welcome Home Group)

H&I/PR Chair: Crystallynn S. (Living Proof Group)

H&I/PR Alternate Chair: Brian A. (welcome Home Group)

Upcoming Events:

Area Learning Days 07/16/22 in Rock Springs

Welcome Home Group campout, July 29th through the 31st, the New Fork Lake campground.

Living Proof Group Campout, August 12th through 14th, Bear Lake Utah

Any topics for the sharing session? WWA is requesting support from Region/Areas closer to the Carbon County area. Rawlins is much closer to other Areas in the Region and may be better able to provide support to those locations. Currently there is no group from this area attending, requesting membership or support from the WWA.

Donation to Region: no

Next Area Service Committee meeting date: 04/23/22 Evanston WY

RCM Questions: Kaleb asks if Lara is asking the region for help? She answered that

she is bringing to the region that that group/area might need some help at some time. We just wanted to formally acknowledge that the area of our area might need some support sometime in the future and is not included in the area functions. Billy mentioned that he is not receiving her reports. Lara said that she sent it to Maggie. She is having issues with google but Billy sent an email directly to her and she can send one to Billy also. Lara is having somewhat of an issue with google, she doesn't seem to be able to send anything or receive anything unless it is directly from Gail or to Gail. Gail mentions that she can have a meeting just for people that are having a problem with google groups. Gail asks Maggie to resend Lara's report back out to the URMR. Shawn asks if the Carbon County area to pick that up or what because if you drive across our area it's 300 miles to the farthest point. Lara answers that she told them that their area would not be able to accommodate that right now because of where the area is located. And as far as Lara knows there aren't any groups from that area that are asking for help. Dave brings up that they are having some of the same issues but no group that he knows of isn't requesting any help from the region

Serenity Break: 11:36 AM Resume 11:51 AM

Sharing Session:

Effective Communication with the groups – Gail says they learned so much at the assembly. If a group has a question, they take it to the area. The area then discusses the question. Then determine if the RCM takes the question to region. Gail would like to see a written request. The region has no issues answering those questions. She feels there is a disconnect somewhere along the line. RCMs are supposed to bring the questions to the region. Gail wants to talk about ways that the region can better communicate with the areas and the individual member. Gail has a suggestion of adding a "ask region" chat section to the website. We then would be able to answer that question through the website. Gail says that we want to be attainable and support all the efforts of the areas. Says that Derrick and herself can field those questions and make sure they get sent in the right direction. Shawn says that this suggestion of a chat section sounds like a good idea, but we need to remember that we need to do more training for the RCMs. And teach the individual to go through the RCM. Personally, it is the region's responsibility to serve the areas, not the individual members. Our RCMs need to be held accountable. Shawn thinks that doing something like this will just be a snowball effect and we will be wondering why we even started it. Lara says that Shawn really hit on a lot of points that she agrees with. She loves that we are talking about how can we support and how can we better communicate. She mentions that if we have to many ways to communicate that it can get lost this way also. She feels that whatever we decide upon we really need to focus on that flow of communication. Billy says that when you have people in your area that think they know everything about service and the service structure and they don't necessarily believe in it because other homegroup members say that the service structure is broken, and hearsay, then when you have people trying to do their jobs correctly, it just brings drama. Billy trusts the process of the service structure. Billy is trying to get some unity in his area. He has been trying to

figure out a way in order to convey information, that is productive. Austin talks about having a little more training for the RCMs, whether it is at the area or regional level. He would like to see a workshop every year for the RCMs so that he can help with other workshops at the area level. He talks about jumping into the RCM position without knowing what was in store for him. He mentions that he tries to take good notes and pass the information on and that we are only human, and we make mistakes. Stepheno states that he has made it to Gillette. Transcription is happening on screen. Hopefully it is being recorded as well. Hopefully this will help the minutes get out faster. Gail says that she will make sure that the transcription is recorded. She states that we could make a workshop so that everyone will know the chain of command and continuing ways to support our RCMs. She asks if this is correct. No one objects. Dave doesn't think there is anything wrong with a q&a chat thread or whatever. Anyone can get in touch world and doesn't see why we can't have that availability at region. He would like to see more training from the region. The areas also need to know how to pick a RCM. Maggie mentions that she has been a RCM, and she thought that the area is responsible for training the RCM. She talks about attending area business meetings and regional meetings way before she even got an area position. She thinks that probable RCMs should be attending area and regional and looking at how the RCM reports and what they report on. Billy feels like the region has done a good job. The breakdown of how region helps area is how everything is to trickle down. He thinks we should go back to basics. He doesn't think it has anything to do with the RCM doing their job. He thinks that we should be communicating better with our areas. Kaleb says that it sounds like trainings could be provided if the areas request it. He doesn't see anything to vote on so he suggests that we should move on. Dave mentions that the talk to text isn't catching word for word and it is using random words. He wouldn't copy and paste that into the minutes. Gail mentions that region is more than willing to do anything that is proposed so that we have a solution to this before we stop talking about it. Dave brings up doing an RCM Assembly. Ben agrees. Billy says that we need service structure not just a workshop for RCMs. Gail says that we could put that together and then present it during the workshop at the next region meeting. Kaleb asks if everyone is on board to have the service structure workshop before the next region meeting. No objections. Gail answers Derek's question. She says that yes the assembly had a lot of good info but what we are about to do is going to be more about the service structure. This will be more specific towards the RCMs.

Austin talks about a group that wanted a detail report of where the funds are going. They don't want to donate to region unless they know where the funds are going. Austin talks about the only things missing that they are asking for is travel and things like that. Shawn talks about the amount that we brought in to the region and how much we sent to world. Mentions the PO Box, the website, a projector and most of our money goes to world. He is working on a spreadsheet that will be able to tell you where every single penny goes. He says that he could research where every cent went but that is up to region. If the region wants him to do that he will. Gail says it should be noted that we haven't spent much money on travel for the last 2 years. So that isn't a very good accounting. The numbers Shawn is coming up with is not indicative to what we really spend our money on. She talks about the travel funds and many of us do take the travel

funds, it can get expensive. In the future we would like to see happen is send it through the RCM with a written request and then we can respond with everything that they are asking for. Maggie says that the group asking for this accounting is an estimate of where the money goes. They just want to know what our bills are and approximately what goes where. She thanks Shawn for working on it and hopes that we can get this resolved. Gail mentions that region has never requested a spreadsheet from the treasurer. That is always something that we can ask for. She also talks about yearly expenses and not monthly. Stepheno mentions that his area can look at the posted bank statement. This is an easy thing to do, and the spreadsheet can be a hassle. He thinks posting the statement would help. Austin says he has a solution to this so we quit spending so much time on this. He will take it back to his area and tell them Shawn is working on it and if they want something more then we can deal with it then. And if we do our expenses yearly then put out a yearly report. He is just over it. We have spent 3 regions talking about this. Gail is all for being transparent. All our minutes are on the website and the reports are there. And if someone wants a comprehensive report then we can do that. Dave is just going to let it go. He is frustrated at this point. Kaleb asks if we can move on from that. Everyone agrees to move on. .

Ways to Support Western Wyoming – Dave asks didn't we move on from that too? Kaleb asks if the workshop is where we want to go with? Ben asks when the next region is .He thinks that we need to get the information out about the next workshop and then announce it in our areas. Gail says that yes, we are meeting in Rock Springs on June 4, 2022. By the time of the next workshop, we will have the new workshop. What does region do for area and the service structure one. She can't guarantee that it will be done before June, this is a conference year. She doesn't know. The delegate team is going to be extremely busy.

Timing of releasing minutes -

Region meeting in person vs zoom – moved to old business

Elections:

Vice-Chair – No nominations, take back to groups

Old Business:

In-Person vs Zoom – Gail doesn't think this needs a proposal. We have tried to remain flexible in the past. She thinks it's time for us to meet in person. Haven't heard of anyone getting sick after the assembly. She doesn't think that being hybrid isn't doable because we do not have the proper equipment. She thinks that we could keep the zoom option open. She doesn't want to do another hybrid meeting. Maggie talks about not knowing her situation is going to be in June. She talks about having surgery on Monday and needing an online option just in case and if anything changes, she will let Gail know. The guidelines state that we are to meet in

person. Gail is asked to check to see if the hybrid option is in the guidelines by Kaleb. Gail reads the guidelines regarding the meeting places. She then reads about the workshops. She also talks about the regional assembly. Then she talks about the openness of the regional meetings. General population is not allowed. Then talks about the hybrid CBDM process. It doesn't say anything about a hybrid meeting option. Kaleb asks Maggie if she still has something to say. She didn't.

Convention Guidelines – Kaleb asks where ben is with the convention guidelines. The subcommittee went over the guidelines. He is unsure of what is to happen next. Gail mentions that they need read and approved by region. This needs to be done for the next convention so they have updated guidelines. Kaleb asks if anyone needs time to read them right now? Kaleb asks Shawn if he read the convention guidelines. He answered no. Gail suggests tabling them until the next meeting. So, everyone has time to read them.

Tuesday meeting still meeting – Someone in Wyo-Braska area using the regions account for virtual meetings. We will find out if there are any groups still using the regions account. Kaleb asks who asked who had this added to the agenda.

New Business:

How to present the CAR - Kaleb is talking about how to get the information to the RCMs. Gail says that the next CAR coming out is going to be huge. And the RCMs are to ask how they want it presented to them. We do a CAR presentation in February. If they want to attend that meeting that would be great. But we must remember that our timeline is tight. There is a very small window to present this. So, they need to discuss how they want the CAR presented now and bring it back to the next region. Dave says that he wasn't at the assembly, so he is missing something. He asks if we are talking about the next conference cycle, The CAR comes out in November. Gail clears the air we are talking about the next cycle. Which is a full CAR/CAT. So, we need to know how to present it so we can have a full vote. Billy mentions that we can get on na.org and find the report and take it back to our areas.

Delegate Terms – Gail explains that her term will be up in 2024. So as a delegate and being an alternate there are 4 cycles that are attended.

Normally what happens is that after that last cycle the alternate takes the delegate position, and a new alternate is chosen. Unfortunately, the next cycle may be a 2-year cycle, or they are proposing a 3-year cycle. So they would go from 2023 to 2026 and then to 2029. Depending on if they stick with the 2yr or go with the 3yr, after the 2023 conference, her term will be up. She thinks it only fair that her term end in October 2023. If they go to a 3-year cycle is what they want, then we are asking the delegate for a 12-year commitment. So, we need to look at how this rotates. Colorado does 1 year as alternate and 1 year as delegate. This is something we need to talk about. At this point I just want you to think about her term and if she should end her term in October 2023. Just be prepared, the 2023 CAR and Conference is going to be a fight. Just for warning you. Kaleb thinks that we should table this.

Extra meeting in April – Gail isn't sure if this meeting in April is necessary. She knows that everyone complained because meetings take so long, but this is just too much for the delegate team. Need to discuss the April meeting. How necessary is this April meeting? Kaleb asks if we just approved this meeting. Yes, because we were trying to meet every 2 months. Lara talks about the fact that we tried this. She supports the thinking about this was an opportunity to better serve the areas. She thinks that no one other than the delegate team knows what they can handle. Billy believes that it is a lot to do and this goes along with that I asked for support for my area. He talks about the workshop about the service structure. He is in favor of not having an April meeting after this one. He appreciates this meeting though. Austin says that we make a proposal and vote on it. Kaleb mentions that he believes this is a guideline change, so we would have to take this back to the groups. Gail is looking at the Guidelines. Gail reads the guidelines pertaining to this topic. Gail doesn't think that we sent it out to the groups, we just asked the RCMs to review. Austin reads the guidelines. He isn't sure if that is a change in the guidelines. Kaleb if anyone wants to send it back to the groups then we can but if not then we could figure it out ourselves. Lara mentions that we didn't take this back to the groups. Lara isn't sure that it needs to be done today. Maggie proposes that we take it back to the groups and bring it back to the groups. Gail mentions we don't have to take it back. Maggie says perfect. Ben brings up that he wants to remove both added meetings on Zoom. If we are going to change something, then take them both off. Dave agrees with Ben. He brings up the zonal forum and then we will have to reschedule it is a busy weekend. Kaleb asks who is against removing both zoom

meetings. Maggie is against. She thinks that we should keep the December one. But she thinks Dave is right, that we would have to move the December zoom because of the zonal forum. Shawn wants both removed. Gail is ok with removing both of them but will be giving 12 page reports from now on. Kaleb mentions that December is a ways out. Kaleb asks if anyone is opposed to removing both meetings. Maggie is the only one. The zoom meeting s will be removed.

Money Matters: None

Are we donating to world? Yes. \$944.79

Next Meeting: In Person June 4th at 10:00 AM WS and Business at 1:00 PM in Rock Springs.

Kaleb thanks everyone for being extremely patient with him. Thanks everyone for allowing him to serve. Thank you!

Gail thanks Kaleb for being of service and the courage he has in order to tell her to shut up.

Kaleb says he will be back.