

URMRNA
June 4th , 2016

Meeting opened at 1:11pm

Shawn read 12th Traditions

Rob read 12th Concepts

Tommy Read the JFT (Group Conscience)

Roll Call:

Chair Terri M – Present

Vice Chair Katina – Not Present - report

Treasurer Rob J – Present

Secretary – Mark – Present

URMR Delegate DeLynda – Present

URMR Alt Delegate Carla – Present

URNRCNA XVII Chair – Ben Present

Web Servant Steve – Present

Gail, Karen, Daniel, Will, Mike

RCM's

Central Basin Area:

Central Wy Area: Billy – Present

Freedom Seekers: Jay (Alt RCM) – Present

WyBraska – Tommy - Present

Wyoming Western – Shawn Present

Minutes read by Mark. Rob motioned to accept. Tommy Seconded. Motion passed.

Chair - this is my last meeting & it's been an honor. Wants to thank all for support, commented on the JFT read and supporting others. It's been a learning curve for me, thank you

Vice Chair – Katina. Report attached.

Treasure – Rob J. Report Attached. Did we pay the over & above from last meeting? No if you take a look at the balance. According to the minutes, what is over the \$3500 before the beginning of this meeting, any amount would be donated to World. Discussion followed and clarified that any money above \$3500 should be passed on to World at the "end of the business meeting". Article XI, Section 3. More discussion followed.

Delegate/Alternate Delegate – Report Attached.

Web Servant – Report Attached. Question regarding putting meetings on meeting list,

URMRCNA XVII – Ben – Report attached. We did a Speaker Jam, Calendars & function at the Assembly generated a nice fundraiser. Thanks Ben we don't really need the other report, but your report was great. The Registration person wants to keep a mailing list of addresses for next convention & to keep it going.

RCM Reports:

Central Basin Area – Ben Alt RCM – Report attached.

Freedom Seekers – Jay – Report Attached. Steve – Can you get flyers out asap to webservant for posting on website.

Wyo-Braska – Tommy – Report Attached. Gail, don't let Tommy bully you. You can be Convention chair if you want.

Central Wyoming Area – Billy - Report attached. July 31st where is that, Cottonwood Campout. Tommy – that meetings in douglass is that 2 groups or 1 group/2meetings? It is one group.

Wyoming Western Area – Shawn. – report attached.

Serenity Break – 2:28pm – 2:45pm

Sharing Session – Baby Blue & the Grey Book – is there any groups in the areas that are using them? Shawn - Someone pulled out one of each at the Regional Assembly. We should just ask them to put them up. The addict who pulled it out said they have "cases" of the books & are available for anyone to just take them. It's kinda concerning that addicts can just grab them & give them out. A lot of discussion is that, if it happened at the convention we didn't want them. It didn't happen so we didn't have to deal with them. A revised 3rd edition showed up in an H&I tub & we got rid of it. The question is do we list meetings that are using the illicit literature on the meeting lists? Some people who use these pieces of literature have been instrumental in early recovery. Rob – there are 3 groups in Casper who are using the illicit literature. The rationale for them is that it only costs 3 bucks. It's going to be an ongoing battle. Carla we don't wanna bring it up to much, but will. Tommy – Principles before personalities, these people or groups doing this is illegal & its clear that's what their doing. Their rationale is that they don't like what WSO is doing. All our books are approved by the WSC. This is not an issue of "rebellious" groups, they are breaking the law. That's why we have the FITP to protect our literature, logo, etc., there is going to be a lot of hard feelings about this, they should start another fellowship. Gail – I'm naïve about this can it be explained. There are two books that are being distributed that some people feel are the last to be "fellowship" approved. "pirated" books. The USSC is developing literature according to FITP that says 25% of literature can be copied, some are on literature tables, that is ok, but cannot be distributed to other groups or individuals. The sale of literature is funding our fellowship and 20% of how the WSO runs is from donations, most of it is from literature sales. Billy – it's like a "specific Group" "Specific person" who is pushing it as a way to save money for H&I. If it's not NA approved we haven't used it & when it shows up most groups aren't using it. There seems to be enough money to bring the literature to H&I. Carla – if this an issue people can contact WSO & they can send "cease & desist" letters to prevent use. Do we still put them on the meeting lists? Maybe we can put on list but put "uses nonapproved literature".

Old Business:

1. Phoneline – members wanted info on doing a Regional Phoneline. Ben – I dropped the ball, I did talk to some people involved, but timing didn't work out. Anybody wanting to be interested in this get w/me after this meeting. Billy – as an Area we are tired of spending the money we are on phoneline. Ben – we have done a lot of research & can bring this to a meeting. Information was passed between members on what they currently use.

New Business:

1. Carla was contacted about bringing to the Region about bringing books to the Women's Center. Their budget has been cut & there are 243 inmates and there are no Basic Texts. They asked about possibly sending 25 books. Discussion followed on possible costs. Rob – our H&I submitted paperwork to go into these facilities & the women have been approved but the men haven't heard anything. Facilities include: the Honor Farm, Women's Center in Lusk, Men's prison in Rawlins. Taking meetings in with the changes in administration has been a problem. Discussion followed on possible options. When sending books to individuals, books must come from distributors, when going to the Prisons themselves they can be from other places, as long as there are no stamps. Motion "We fund 25 6th Edition Basic Texts to go to the Wyoming Women's Center to be sent from WSO sent directly to WWC". Discussion followed on whether WWC has books or not. They do not. Carla will contact WWC to find out the best way to get the books to where they belong at WWC. Addition ", after Carla contacts WWC & they in fact need them". Question called – Majority Yes - 1 abstention.

2. Workshop Time – Motion "That we move the workshop time from 10:30 am to 10:00am to allow more time for lunch". Seconded. Discussion followed. Question called. Majority Yes, 1 opposed.

Elections –

Chair – No nominations. Katina not present. Tabled. Regional Delegate will fill in at next meeting as Chair.

Vice Chair – No nominations. Tabled.

Secretary – Mark, nominated, Mark Accepted. Questions for Mark. Congratulations Mark. All in favor; 1 against; 1 abstain

Treasurer – Rob nominated Terry; Carla seconded. No problems w/Terri as Chair. When Terri does service it is very meticulous. Congratulations Terri. All in favor.

Convention Chair – Gail, nominated. Gail qualified self. Gail answered questions. Congratulations Gail. All in favor.

Elections Next Meeting – Chair, Vice Chair, Delegate, Alternate Delegate.

Money Matters – Carla \$292.56. DeLynda \$500.00 (\$150 today & \$250 for Zonal, \$100 Zonal meeting). Mark \$75.

Next Meeting Freedom Seekers, October 1, 2016.

Meeting Closed at 4:10pm

Hi all I just wanted to let u all know I will not be able to make it to the June regional Meeting this time. My daughter is going to be having surgery the day before and I need to stay home to help her with my grandson. I will miss u all and hope to see u all at the next one.

Katina

Sent via the Samsung GALAXY S® 5, an AT&T 4G LTE smartphone

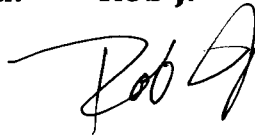
URMRNA Treasurer's Report
June 4, 2016

Area and personal donations for January-May 2016: \$1,163.86

Expenses:

Postage :	45.90
US PO Box Rental:	50.00
Space/Room Rentals:	125.00
WSC Costs/travel:	1,997.36
Other travel:	<u>310.00</u>
TOTAL:	\$2528.26

Respectfully submitted: Rob J.

A handwritten signature in black ink, appearing to read 'Rob J.', is positioned below the typed name.

URMRNA Treasurer's Report
2016

Beginning Balance				\$ 4,875.57
Date of Deposit		Ch#/Group/Area	Amount	
1.27.2016		#2238 Living Proof Group	\$ 100.00	
	3.22-16	#1201 Alive and Free Group	\$ 75.00	
	3.22.16	#2253 Living Proof Group	\$ 97.11	
	3.22.16	#2247 Living Proof Group	\$ 96.22	
	3.22.16	#162 Central Basin Area	\$200.00	
	3.22.16	#1100 Cody Group of NA	\$ 173.30	
	3.22.16	MO: Clean and Free Group Cheyenne	\$ 10.00	
Total Deposit				\$ 751.63
Pending Balance				\$5,627.20
Expenses	Ch#	Ch#	Amount	
	103	Rob Johnston Postage	\$ 45.90	
	102	Carla Wensky: WSC Costs	\$ 1,997.36	
	104	Delynda Henderson: Travel	\$150.00	
	105	Terry Moran: Travel	\$80.00	
	106	Katina Tweedy: Travel	\$ 80.00	
	107	Wyoming Western Area: Room Rental	\$ 50.00	
	108	USPS: PO Office Box fee (12 months)	\$ 50.00	
				\$ 2,453.26
Donations:				
		Description	\$ -	
				\$ -
Ending Balance				\$ 3,173.94

Beginning Balance				\$ 3,173.94
Date of Deposit		Ch#/Group/Area	Amount	
4.27.2016		#2260 Living Proof Group	\$ 85.23	
4.27.2016		#159 Tommy O donation	\$ 27.00	
5.16.2016		#1206 NA Freedom Seekers	\$ 100.00	
6.3.2016		Hope Not Dope	\$200.00	
Total Deposit				\$ 412.23
Pending Balance				\$ 3,586.17
Expenses	Ch#	Ch#	Amount	
4.2.2016	109	United Methodist Church Riverton	\$ 75.00	
total Expenses				\$ 75.00
Donations:				
			\$ -	
Ending Balanance				

Submitted by Rob J. Regional Treasurer 5/30/13
Updated and Revised 7.15.2015

Delegate and Alternate Delegate Report
Upper Rocky Mountain Region
Laramie, WY
6/4/2016

Hi Family,

Grateful to be here. Our report today will be very brief as we presented the report on WSC at the workshop earlier, and that's what we have been doing for the past several months. Just to comment on the WSC...the conference was amazing, as always. We hope everyone has a chance to experience recovery at this level of service. There is nothing like it! If you didn't make it to the workshop earlier, we do have a copy of the report for you, and it will be posted on the website under the password protected service tab.

The traditions book did get approved and will be available in the fall. I could not find a date on na.org but I'm sure it will come out in NAWS News and the NA Way magazine very soon.

Our region is hosting the Forum meeting in July. We are having it in Powell the evening of July 22, and then throughout the day July 23, 2016 at:

Powell Branch Library
217 E. 3d St.

There will be a function in Washington Park on Saturday, following the forum

The Forum is now conducting Forum business on Friday evening, and then using Saturday for workshops. I did request WB participation, but have not heard back on it yet. On Friday night, the Forum as a body is going to begin a formal conversation regarding the role of our Zone. I guess if anyone has any input on that, let us know before the Forum meeting. No formal decisions will most likely be made, but the conversation needs to get started. The motion at WSC regarding Zones to be able to have a seat on the floor as a non-voting participant did pass, and this includes us, if that's what we want to do. When we met as a Forum at WSC, the initial decision was that this was not necessary for our Zone as all our member regions are seated. The future of WSC and Zonal seating is sketchy at this point, and to be honest, we really don't know what is going to happen with seating at the conference. If the conference does move to Zonal seating, it would be better for us to be somewhat prepared for it. This would mean major changes to the way we are doing things now, and these changes will take some time to make...and as our Zone only meets annually...well, you can see where we're going with this. There is just a lot of work to do in this area and many questions that need answered, i.e. Do we want to meet more often? How are we going to fund this? Do we want to become a service body? Should we develop an executive committee?, etc.

In closing, I will also note that the Alternate Delegate from North Dakota did sit in our Zonal Forum meeting at WSC. There are apparently looking for a new home ☺ We may have a newcomer!!

ILS,
DeLynda H. and Carla W., Delegate Team

DeLynda reimbursements:
Travel for today: \$150.00
Forum meeting: \$100.00 (donation for rent and refreshments)

P.S.: I have attached a copy of the report to the Forum when we met in December as I failed to do that for our February meeting ☺

Upper Rocky Mountain Region
Report for the Rocky Mountain Zonal Forum
December 4-5, 2015
Farmington, Utah

Heellllllloooooo Forum!!

So grateful to be here!

Our region which consists of the state of Wyoming and the panhandle of Nebraska is going strong. We still consist of 5 areas: Central Basin Area, Wyoming Western Area, Central Wyoming Area, Wyo-Braska Area, and the Freedom Seeker's Area. All of our areas at this time are fairly strong, which makes for a very strong Region.

Our next Regional Convention is scheduled to be held May 13-15, 2016 in Thermopolis, WY at the Days Inn. The logo contest for this just ended on Nov. 30, so a flyer should be available soon. We will make sure that it gets distributed to all. Our last year's convention had about 160 in attendance, and our Region was able to make a donation to World in the amount of \$1,213.12.

Our region is also throwing around the idea of a Regional phone line. This is going back to the areas for discussion. No decisions have been made.

Our Regional website continues to be up and running, www.urmrna.org. Our web servant does a kick ass job of keeping it current. Our minutes are protected with a username and password as to protect the anonymity of members who use their full name, for various reasons, in their documentation. If anyone should want to review our minutes, please email the web servant and he can give you what you need to be able to do so.

Carla and I will be workshopping the CAR and possibly the CAT for our RCM's the first Saturday of February. She and I talked about the wasted time between the time we get the CAR (first of December) and when we actually workshop it for our Region so we are problem solving in this area. Our Region is so vast, it is difficult to travel to our respective areas. We will have to see how that shakes out.

Our Regional Assembly will take place the first Saturday in April, always in Riverton as it is central for our Areas, where Carla and I will be accepting the final votes from all of our GSR's on the CAR and the CAT. We, at this time, will entertain discussion on the CAR and the CAT. I am really looking forward to this.

Carla and I will also make the arrangements for a meeting room for our Forum at WSC, as well as make the arrangements for hosting the next Forum meeting in July, 2016. If I am not mistaken, don't we usually just process what happens to be going on at WSC during the Forum meeting at WSC? Are there other agenda items anyone wants to go over at the Forum meeting at WSC? Please, just let us know.

ILS,
DeLynda H., RD
Carla W., AD
Upper Rocky Mountain Region

Web report for the Upper Rocky Mountain Region

Saturday June 4, 2016

Upper Rocky Mountain Region:

Over the past several months the regional meeting list was updated several times and the most recent being in April. I have the newest list for the RCMs and if you have any changes note them on the list and hand them back to me or contact me later.

The service page has the most recent minutes' files as well as archives, some addresses and phone numbers, and documents from the world service conference from previous delegates. Upcoming events are listed on the events page and the convention page was revised to reflect the next convention in 2017. The regional meeting was added to the footer of the web site for June and there were no other changes.

The email account had requests from two addicts looking for information, one requesting adding a Monday night in Cheyenne and visit Cheyenne, the convention and visitors bureau has asked if they can assist with our upcoming convention, which I have a copy of today for the next convention committee if they wish to pursue this. If anyone has any questions or updates please let me know.

ILS,

Stephen H.

Regional Web Services

urmrna@urmrna.org

307-679-2270

Hello Region!

URMRCNA XVII was a success. Our committee was small and worked very hard and very well together. We were grateful for everyone who helped us out. I will do just a short breakdown of everyone on the committee and will either email or have a hard copy of their report to look at and archive.

Registration we had 168+ members. 60 preregistered and \$285 donated for newcomers. I am overwhelmed of the love that our fellowship supported our regional convention. On the merchandise I was very pleased of the different styles and colors of the teeshirts and sweatshirts. I thought they were very attractive and comfortable. The profit was \$1074.14 with money still coming in.

On the hospitality end Jake did an awesome job on keeping the hospitality room full of food and coffee made. and the cake was as cool as they come. The hotel was really easy to work with they treated us extremely well. We had a lot of rooms rented and got comped for 5 rooms. The arts and graphics did a great job with the banner and candles for the table settings. and the trifold. On the fundraiser and entertainment i thought the talent show and skit was a huge success.

The program chair did a excellent job on the workshops and the speakers were amazing. Our secretary did a thorough job on keeping us on track with the minutes and helped out in other committees.

The treasurer has a spreadsheet of the funds. The close to final report is total income \$14,196.95, expenses \$10,122 with a balance of \$4,074.95 profit after replacing the \$5,000 seed money, which there is still money coming in from merchandise.

I thought the convention went very well and would like to thank our committee for all their hard work.

ILS
ben

PS: We have a few lost and found items left from the convention: a watch, a pullover jacket, a convention shirt and 2 necklaces. Please contact Terri M. if you know who these items belong to.

Central Basin Area RCM Report 6-4-16

Hello all. Unfortunately I was not able to be there with all of you. My 3 year old had her first ever dance recital in front of the town this evening and I wouldn't miss it for the world.

Due to CBANA hosting the URMRCNA we did have not met formally since early March as it was all hands on deck to put that together. Most, if not all our service body held positions for the convention.

The Cody Group reported an average of 20 – 30 in attendance due to the treatment centers. Committed members to the group seem to be growing. The Friday night book study does need some support.

The Lander Group reported an average of 4 – 8 members at their meetings.

The Powell Group is going well. We seem to be getting new members. The Speaker meeting is still the 3rd Saturday of each month and brings in upwards of 50. That starts at 10am with Pancakes before it at 9am. (I'll put this here) Powell is hosting our Zonal Forum on July 22 – 23rd. There will be a "thing" in one of the parks following the ZF on the 23rd as well.

The Lovell Group reported an attendance of 5 -10 members. They have been putting on fellowshiping events about every week. They have 3 meetings a week now; Monday, Wednesday and Friday nights.

The Thermopolis Group reported that they are having about 3 – 4 members in attendance. A few newcomers are showing a little interest in service to the group.

The Riverton Group is still going as far as we know but they have not been represented at the last two CBANA meetings so they have been removed as a voting member until they are represented again at two consecutive meetings. They will remain on our schedule and we will probably reach out to the members from time to time to insure that the meetings are still relevant to our schedules.

The Arapahoe Group Has 3 -5 members in attendance still. A member might be attending our next ASC for formal introductions.

We are having a campout July 8th through the 10th in Wind River Canyon. It is at the same campsite that it was at last year. I do not know the specific address but it's the first campground before the tunnels on the far side of Thermopolis. Terri, Ben or Carla may know it, plus more details if any.

We will also hold our next ASC there, at the campout on July 9th.

We have members that are helping put together and coordinate "NA @ 10k" in the Beartooth mountains on July 16th with NA members in Montana. I will include a flier that John H from Billings made. I am not sure if Carla printed any out. Come get high with us!

I received the last 3 URMRCNA on a USB stick from Ben Lacey who recorded them. He gave them to region for our archives or to throw em up on our website if we wanted. He didn't charge me anything for that either. I thought that was awesome!

Thanks, CBANA - RCM, Chad E.

~~New~~ Freedom Seekers
4 groups 16 meetings
Wkly

Refug 6 meetings

Lost & found 1 meetings

Buffalo 2 meetings

Sheridan 7 meetings

July 2nd Picnic 5-8³⁰ PM
Kendrick Pk Sheridan

Aug 19-21 Campout
Above Buffalo Hettinger
Camp ground Big Horn Mts

~~elections~~

H&I - Treatment Panels

in Sheridan Men & Women's

Corrections Meets Gillette Jail

Upper Rocky Mountain Regional Service Committee
June 04, 2016 Laramie, WY

RCM Report Tommy O. – RCM
Wyo- Braska Area

Committee members and interested parties,
Good afternoon and welcome to the Wyo-Braska Area for today's Regional Workshop and RSC meeting. At our last ASC meeting on May 22, our Area elected a second RCM, Karen M., would I would like to introduce to you all today. Karen has participated in service in our Area for a number of years now, holding down the title of GSR for a couple of groups in Cheyenne and sponsoring several women in the Area. The Area also re-elected me as the RCM more as a *housekeeping* move, as according to our current Guidelines this should have been done the last time we met. We also elected a new Treasurer, Mike T. (Big Mike), who has been instrumental in resurrecting our Area's non-existent H&I efforts by getting meetings started in our county Jail. Mike moved to Cheyenne a couple/three years ago with a couple of decades of recovery in NA under his belt from Kansas. We as an Area gratefully welcome to service these strong NA members.

We also agreed as an Area to put up Gail W. for election as Chair of our next Regional Convention, which our Area will be hosting next May 19, 20 and 21. Gail, of course, has many years of NA service under her belt at the Area level, also plenty of Convention experience in the years that the Wyo-Braska Area hosted our Regional Convention. We look forward to getting started in the process at the conclusion of today's formal elections by securing a location for this annual event ASAP, and getting the Committee together.

We are still waiting for our Area's secretary to rough-up our new guidelines and bring them back to the body for approval. We had agreed on several changes in our Workshop from January on our Area Guidelines re-write as I had reported last time, having gone in the last few years from meeting monthly to meeting quarterly; moving from Committee-based services to Project-based services; moving from **Robert's Rules of Order** to *Consensus Based Decision Making* and so on.

There is discussion on the table now of securing a "storage space" for the Area, as we have had all of our stuff stored in a member's personal storage facility and this is no longer an option. We also moved forward with some events we are in the process of planning, the first being a Picnic, possibly August 13 at Holiday Park in Cheyenne with us resurrecting the **Unity Days** name and banner. More, of course, will be revealed. Devin W. was appointed to lead this Project and be the single point of accountability.

This Area looks forward to hosting URMRCNA Eighteen next May.

Thank you for letting me be of service,

Tommy O
Wyo-Braska Area RCM
307-214-4289
wharfrattommy@gmail.com

CENTRAL WY RCM REPORT

6/4/16

Hello Everyone,

A lot to report on and I didn't make a bunch of time for this report it will be brief. Our area has had a lot of discussion on business topics also as well as making sub committees to iron out anything that maybe concerning such as bylaws etc. Service positions. This topic was brought up to see who and how long people have been in there service position's. We also looked at those terms in the bylaws subcommittee. Next our area looked at how much literature we should have on hand at all times and if we needed a prudent reserve. We also motioned that we would donate old literature that has been sitting around for years and collecting dust to any of the new groups that has recently started up. We have had success with a PR/PI committee that has been trying hard to keep up with the high demand of N/A meeting lists for our area. They discovered .PI is also trying to get meetings going at the Casper College. PI has also reached out and contacted with numerous other places with meeting lists and such. The groups in Casper are doing well and have tried different ways to help support the area by putting on functions and carrying the message. There are two new groups in Casper and one new in Douglas. Douglas has 2 meetings a week they have some pretty solid members. I believe that attendance threw the groups has been spread out but we are growing in size slowly. New functions are going to be July 1st noon miracle has a campout at glendo. Solutions campout will be held in and around July 31th. There are smaller activities planned as well such as a raft float usually held in July and there will be one in august that is in the works. In closing we do have a lot going on in the groups in our ASC and our subcommittees I am proud to be a part of this area and I hope to see it grow bigger than I ever imagined. We have some loyal servants everywhere in N/A.....

IN LOVING SERVICE,

BILLY P

June 4, 2016

Wyoming Western Area RCM Report

Hello everyone. It is good to be back at a Region Meeting. Meetings in Wyoming Western Area are going well. Pinedale has added a meeting and Rock Springs is in the process of restructuring their groups. We still have a couple of open service positions at the area level, hopefully we can get those filled soon. Evanston groups have been getting together to do a GSF every other month and so far it is a work in progress. We are still doing H & I at the Uinta County Jail of the first Monday of the month, but it will change to the first Tuesday this month per the jail's request. On the 3rd Tuesday of the Month, we are taking a panel meeting into the Wyoming State Hospital. This has been going very well, and we are in the process of doing a presentation for the professionals at the Wyoming State Hospital.

We will have our annual Learning Days, on the ^{30th}~~29th~~ of July in Pinedale. The Living Proof Group will have their 27th annual campout August 12-14th at Stillwater Campground.

As always, if anyone has any questions, call me.

In Service,

Shawn S.