

URMRNA  
October 10th, 2015

Meeting opened at 1:22 pm

Ben read 12 Traditions

Carla read 12 Concepts

Rob read the JFT (Group Conscience)

Roll Call:

Chair: Terri M. – Present

Vice Chair Katina – Present

Treasurer: Rob J – Present

Secretary: Mark S – Present

URMR Delegate: DeLynda – Absent with report

URMR Alternate Delegate: Carla W – Present

Web Servant: Steve H – Absent with report

1 Guests

Regional Committee members:

Central Basin Area: Chad – absent with report

Central Wyo Area: Billy – Present

Freedom Seekers Area: Kirk – Present

WyoBraska Area: Tommy O. – Present

Wyoming Western Area: Shawn S. – Present

Minutes from previous meeting read by Mark. Tommy wanted clarification on the Treasurer report "\$3500.00 over per guidelines". Motion to approve minutes as read. Seconded Passed.

Chair: Report Attached – Newest version of guidelines on Website.

Vice Chair –

Treasurer – See Attached. Audit of checkbook this morning reports on calendar year ot Fiscal year. Talk about breaking down checks for different items. DeLynda's money back under expenses as adding back in.

Delegate/Alternate Delegate Report – Report Attached. Delegate report read by Carla. Carla read her report. Rob – thank you for information on Regions around the world. Carla – how much is my report helpful. I can add or remove what you want. Shawn – likes the information it make me look to get the information to the Groups. Rob more information on Zones. Carla – some thing needs to change as NA grows. Shawn – do you see Zonal Representation at WSC, Carla yes, most likely, Shawn, as RCMN's we need to pass on if this happens, we know Zonal representation is another Level that is going to need funding.

WebServant Report – Report Attached.

URMRCNA XVII Chair Report –Report Attached. Needs to get checkbook switched over.

Regional Committee Member Reports:

Central Basin Area – Report Attached. Carla read report.

Central Wyoming Area – Billy read report. Report attached. No questions.

Freedom Seekers – Kirk read report. Report attached. No questions.

Wyo-braska Area – Tommy emailed report, Attached. No questions.

Wyoming Western Area – Shawn S read report. Question – H&I also goes out to the Uinta County Jail once a month & Wyoming State Hospital is looking for a possible meeting.

Serenity Break: 2:38pm – 3:06pm

Sharing Session:

Terri – Letter from Webservant on women at Torrington requesting literature & women getting support & sponsors. Rob – our Area had discussions on getting into Dept of Corrections to get meetings in prisons. Contacts in Lusk & Torrington to submit forms to take meetings into those facilities. He can send contact info to other Areas to get meetings in. Rob let them know about [www.na.org](http://www.na.org) for meetings in facilities. They are doing a fundraiser to raise money for books in facilities. Tommy – gave phone number of WyoBraska H&I as Torrington is in WyoBraska. Carla – is this something the Region can help with, getting books into Torrington. Tommy – email was sent to Regional website. If we can do something, rather than NAWWS we should. Shawn – WWA sent 2 sets of books to jails in their Area. Sounds like there a “wheels in motion” on this through Central Wyoming & WyoBraska. Cole – member has gone in there & has wondered about NA meetings,. Talked about “Little White Books”. Tommy – NA puts out “Behind the Walls” that inmates can sign up for. They have reached out to the Region, maybe just have the Chair contact letter writer to see what they want. Terri – Letter was sent June 24<sup>th</sup>. Carla – This has worked in the past, but the email was sent 3 months ago. General consensus – Terri & Rob will contact to see what can be done. Discussion will go into new business on money. Shawn – we should contact them to follow up to see if they have anything. Terri - seemed part of it was having sponsors for them. Carla in my report I mentioned “Step Working for inmates”.

Old Business:

1. Copy of final report needed for June minutes, also need copy WWASC RCM report.
2. Updated Guidelines and packets be made available. Downloaded from [www.urmrna.org](http://www.urmrna.org), most current copy dated February 22, 2013.
3. Region Phoneline (PR) – Carla – seems like groups are wanting more information. That’s good. Shawn – as for a regional phoneline WWA would like more information, such as the cost of publishing in phonebooks. Getting meeting lists updated. How is phone going to work, is it going right to phone? Carla – regions do have phonelines and are workable. Tommy – we use Freedom Voice, that works getting information out – Central Wyoming – no we haven’t discussed. Shawn – WWA wants more information. Discussion followed. Tommy – everyone who has phonelines, get a meeting together before next meeting. Motion “We hold an online meeting, through VSEE, to get options before next meeting”. 7 for 1 abstain. Tentative date for meeting November 19 at 6 pm.

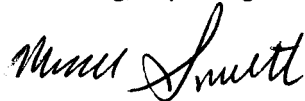
New Business:

1. Business meeting minutes delays. 1 month time limit, any questions. No questions.
2. Current signers on checkbook – DeLynda, Carla, Rob, Shawn. We need to take off Shawn Saban off and add Terri Moran and Katina Tweedy to signers on URM RNA bank account.
3. Shawn – are we ok with moving the regional meeting? We moved this meeting and I was planning to attend PNW & changed. Workshop time was changed with no notice. Are we ok with this? Terri – the body voted to change the meeting, an email was sent out on the change of time for workshop. Starting the regional meeting late was because of people running late. Tommy I wasn't here to change the meeting time. Things can happen that change. Let's keep service attractive. Billy – what do Guidelines say? We are all not going to see eye to eye. Carla – I hear and agree with everyone, can we meet in the middle and be flexible. We need consistency and flexibility. We are volunteers.
4. Order CARS for all RCM's. Tommy – motioned to do what we did before and order CARS for all RCMs, seconded. All in favor.

Elections: None.

Money Matters – Carla asked about Zonal Travel, can she look at costs, then ask for money later, will look at flying compared to driving and get check from Rob.

Next meeting, Wyoming Western Area, February 6, 2016.

A handwritten signature in black ink, appearing to read "Mimi Smith". The signature is written in a cursive, flowing style.

## URMR Chair Report

October 10, 2015

Really not sure why I have to do a report because I am just the person to run the meeting????

So hear it goes; I do not have much to report on because everyone else is doing the reports!

I have several things I thought about. The first is that I would like updated guidelines done for each of the committee members. I found one that had Secretary on the front of it. Not sure if the guidelines were update in it or not?

The minute's delivery timeframe has been an ongoing problem and I just would like them to be on time and available for those that need to read them. If the minutes aren't done soon after the meeting, it is really easy to forget things, for me anyway. How can our RCM's take back information if the minutes and reports aren't accessible?

On a positive note, we had a fun time in Powell and props to the committee that did the activity, it was a great time!

I also attended the Billings convention last weekend. They had a great speakers and it was well attended.

Thank you for everything you do for NA! We are all miracles!

ILS, Terri M.

**Upper Mountain Region of Narcotics Anonymous  
Income and Expenditures 1/14-10/10/15**

**Group/Area Contributions 2014-2015**

<b>Group</b>	<b>Contribution Total</b>
Alive and Free - Powell	\$350.00
<del>Alive</del> and Free-Cheyenne	\$75.00
CBANA	\$650.00
Cody Group	\$320.30
CWANA	\$762.50
Freedom Seekers	\$87.00
Living Proof Group	\$1052.55
Refuge Group	\$150.00
Western Wyoming Area	\$150.00
WyoBraska	50.00
<b>Total:</b>	<b>\$3647.35</b>

**Convention Contributions to Region 2014-2015**

URMRNA XVI	2811.46
URMRNA XV	1904.04
<b>Total:</b>	<b>\$4715.50</b>

**Expenditure Categories 2014-2015**

Copy Charges & Jump Drives	\$167.40
Recorder	\$36.62
Internet Service Contract	\$108.00
IDNS (domain name)*	\$180.00
PO Box Rental: 2 years	\$96.00
Postage	\$105.56
Bank charges	
Room rental	\$50.00
Food	\$94.55
Travel	\$3,754.91
<b>Total:</b>	<b>\$4,523.04</b>

\*This amount will be credited back into account.

**NA World Service Contributions 2014-2015**

	<b>\$1542.00</b>
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Dear Rocky Mountain Region:

Sorry to not be in attendance today, I had made plans for this weekend prior to the meeting date being changed.

As many of you know, I did not make it to the Forum meeting held in Idaho in July. I had spoken with Carla about this and she was totally comfortable handling the meeting for us. I have given Shawn a check for \$200.00 to give to Rob to reimburse the region as I was given \$200.00 to attend the Forum meeting.

I am planning on attending the Forum meeting in December, to be held in Utah, for the CAR workshop, and will workshop that with the RCM's in February as scheduled. The CAR will be available November 25, 2015, and the CAT will be available on January 25, 2016. Not sure if the Region wants to talk at this meeting about ordering a CAR for each of our RCM's?

What's going on with World (from NAWS News):

Traditions Project: All input on the Traditions workbook should have been received by now. The last deadline, for Traditions 11 & 12 and the closing was September 30, 2015. World is in the process of putting the book together for presentation in the CAR...how exciting!!

Decision making at the WSC workgroup: World will be offering tools and resources to assist the WSC Cofacilitator's, along with electronic voting for the WSC. Hummm, this could be interesting! The workgroup is also discussing processes for better discussing ideas at the WSC and for forwarding input to the NAWS strategic Plan. Surveys in the CAR will be used to gather information from the fellowship.

Planning Our Future workgroup: The Role of Zones workshop is available at [www.na.org/idt](http://www.na.org/idt). Zones are encouraged to participate and send in their input. World has compiled some basic information about each zone and will be sharing that soon. They also aim to have a presentation about the sustainability of the WSC created by the time the CAR is released.

Delegates Sharing workgroup: The workgroup sent a survey to conference participants to help frame the Delegate sharing session at the next WSC and to create workshops for the Saturday before the WSC opens.

WSC Seating workgroup: Eight regions applied for seating at the WSC 2016. The workgroup is considering each application and will submit recommendations to the World Board. The workgroup and board reports will be published as part of the CAT material.

Service System Project: World has held two online meetings and plans to hold more. They hope to draft Service System Basics, Local Service Basics, and Group Support Basics this cycle. They are also planning posting locally developed tools and material from the webinars online at [www.na.org/servicesystem](http://www.na.org/servicesystem).

Financials: Fellowship contributions exceeded \$1 million in the fiscal year ending June 30, 2015 for the first time in our history. YEA! Feel free to donate at [www.na.org/contribute](http://www.na.org/contribute) (individual member contributions are welcome!).

I did receive the annual report just a couple of days ago. Here is a snapshot of our regions contributions:

Upper Rocky Mountain Region:	# of contributions	2013-2014	2012-2013
Alive and Free Group (WY)	3	105.00	0.00
Central Basin Area of NA	2	600.00	0.00
Central Wyoming Area	0	0.00	741.12
Clean & Free Group	1	100.00	100.00
Clean & Serene Group	0	0.00	75.00
Living Proof Group	5	272.49	404.29
Noon Miracle	0	0.00	100.00
Thermop NA	1	50.00	0.00
Upper Rocky Mountain RSC	0	0.00	2,895.42
Upper Rocky Mtn RSC Conv	0	0.00	200.00
Wyo-Braska Area	0	0.00	44.13
Wyoming Western Area	1	331.48	100.00
Upper Rocky Mountain Region Total:	13	1,458.97	4,659.96

So, there you have it. That's all I have...see you all in February!

ILS,  
DeLynda H.  
Regional Delegate

URMRNA Service committee meeting

Oct. 10, 2015

Alternate Delegate report

Hello region,

We met in July for a zonal forum in Boise, Idaho and it was a great weekend. The zone met Friday evening and went through business. There was more discussion on electronic meetings and what platform to try. We used VSee for a check in meeting in September. That went really well. We had around 7 or 8 connected and it worked fine.

There is talk of seeing if the regions would be interested in hosting a multi-regional event, maybe WSLD, or a smaller 5 region function, possibly service oriented. Smaller areas need support. What's fiscally responsible? The forum wants to see if there is any interest. The committee would be multi-regional. Funding could be through pre-registrations and possibly regions that could afford to help with start up costs.

The nomination for Chuck C. to the World Board has been submitted and the nomination was accepted. We were asked to update information on our zone with NAWS, which we did. Our next meeting is December 4 and 5 in Salt Lake City. We will be going over the CAR at that meeting. We did a forum video for the Moldova convention.

The next day was presented by world board member Mark H.

The Role of the Zones -

Our first session was looking at the role of the zones. The future of the WSC is not sustainable. There are 63,000 groups in the world today. How are we going to decide what is best for NA as a whole? This is a big challenge. WSC has become more discussion based and that has broadened our perspective. At the last WSC discussion was overwhelmingly for zonal representation.

The afternoon session kicked off with a mock GSF. GSF is for group issues. LSC is the boots on the ground services - helpline, meeting lists, PR, etc. GSF could be an orientation and intro into service. All are welcome. There are usually multiple GSFs for one LSC.

This was followed by the NAWS Update

Brazil WCNA 36 - Mark H, said it was the hardest convention to put on but it was fantastic. There were the largest unity day hookups. Final numbers weren't in yet but the Fellowship Development gains were priceless.

Regions around the world - We are growing. We now have 25 meeting in all of China, There is a lot of work to do there. Italian Basic Text was released in Brazil. Icelandic and Portuguese Basic Text, Norwegian Living Clean are now in progress. The Basic Text is in 24 languages as of June 2015. We are again at 9% net income from contributions and 91% is from literature. We had risen to 11% a couple of years ago, but is back down. The cost for fellowship support in US and Canada is \$146.78 per meeting per year. We receive \$18.27. Where we spend our money: literature production is 35%, WSC support is 26% - that includes all WSC related activities, 32% goes to fellowship support.

Fellowship Development

Everything done at NAWS is a part of FD. NAWS is committed to ongoing FD in communities including Africa, Russia, India and the middle east. FD also happens in developed communities including events such as



zonal forums and car workshops. We spend more money and make more trips to US travel and events than any other place.

NAWS has expanded their webinars: Public Relations, Inmate Step Writing, H&I, RSO Meetings, conventions, WSC participants, and service system. Email na.org for more information.

NA.org has 500,000 to 700,000 visits per month, almost 40% are mobile. There are 130,000 meeting searches/month, 90,000 meeting locator app installs as of January 2015 and the meeting database accuracy is improving as a result of the meeting locator app! Remember to announce the app in your meetings.

There are more than 96,000 subscriptions sent nightly to the Just for Today daily emails and there are more than 110,000 on the mailing list for NAWS eblast updates.

Like Delynda mentioned the Annual report is released and I brought my copy today if anyone would like to look through it. It is also available to download from NA.org.

Also, the membership survey deadline has been extended to the end of the month, so there is still time to complete it if you haven't done so already.

Also, there are new products available this December from na.org: a JFT daily calendar, a JFT journal, a stainless steel medallion keychain holder and a 7th Tradition box. WCNA merchandise is available online, or will be soon.

Thanks for letting me be of service

Carla W

URMRNA AD

## Web report for the Upper Rocky Mountain Region

Saturday October 10, 2015

Upper Rocky Mountain Region:

Addicts from Laramie emailed updates for their meetings and the printable list was updated to reflect those and some other changes in July. I also have recent updates from Jackson and Green River but have not made these changes yet, since I'm waiting for any other updates from the regional meeting. If you have updates, email me or just include them in the minutes. I also had an addict send me an update to the Friday night meeting in Worland and I told him we didn't have a Friday night meeting listed on our site and he said he had a smartphone application that must have been incorrect. We also had a request from Lusk, which was forward from the WWA site and I replied to the contact since one of their requests was literature and there are some other items they have asked for and I have forward that to Terri for the region to discuss.

In August I received an email from Go Daddy to renew the domain name and I was confused since I believed we paid the bill at the last meeting. I had no choice and would lose the domain name [www.urmrna.org](http://www.urmrna.org) if I didn't renew immediately. The receipt is attached to this report for an amount of \$42.82 for two years. Rob contacted the domain name service we paid at the last meeting and they agreed to return the money. I still don't know why that was sent to us or what service they were offering.

On the web site the minutes were added and most of the changes were on the events page as conventions and campouts were added and removed. The Thermopolis business meeting was added and the flyer for the theme and logo for the convention.

This was reported to the body at the last meeting, but I wanted to state it again for those who may have missed it the first time. The archives that were in a file cabinet were cataloged and important minutes files or other documents were scanned and added to the web site under the service area since they do contain sensitive information including members names, addresses and phone numbers. The hard copies were put into a plastic tote which was given to Mark S the secretary. Many new minutes' files were added dating back to 1990 and it's not complete since we were seated as a region in 1982 but at least we have a snapshot of what the region was involved with at the time. I also went to an archive web site for NA and was able to include minutes from RSR's or Delegates that we didn't have on file and included the link under the appropriate trusted servant if we did not have a specific report from their attendance at the WSC. The service page is accessed by the password, 1 2 3 4 5 6 and I hope everyone will forward this information to their groups and those interested.

ILS,

Stephen H.

Regional Web Services  
[urmrna@urmrna.org](mailto:urmrna@urmrna.org)  
307-679-2270

# Web report for the Upper Rocky Mountain Region

My Account

<https://mya.godaddy.com/Payments/orderhistory/receipts/receiptsPri...>



16456 North Hayden Road  
Suite 219  
Scottsdale, AZ 85260  
(480) 905-8677

## RECEIPT

Date: 8/10/2015  
at 12:53 PM MST  
Receipt #: 863792893  
Customer #: 10016614

### Bill To:

Stephen Henderson  
The Upper Rocky Mountain Region  
of NA  
PO Box 40162  
Casper, WY, 82604  
+1 3078782270

### Payment Information:

Stephen Henderson  
MASTERCARD  
88888888881048  
PAID: \$42.82

Item	List Price	Purchase Price	ICANN Fee	Discount	Total Price
<b>ORG Domain Name Renewal - 2 Years (Returning)</b>					
Term: 2 year(s) Name: URMNA.ORG Item number: 12113-1 Quantity: 1	\$36.96	\$22.48	\$0.36	-	\$22.84
<b>Private Registration Services - Renewal</b>					
Term: 2 year(s) Name: URMNA.ORG Item number: 17901-1 Quantity: 1	\$9.98	\$9.98	-	-	\$19.96
Subtotal:					\$42.82
Shipping:					-
Tax:					-
Total:					\$42.82

Hello URMRNA

convention chair report,  
we have voted in most of the positions

Chad E. program chair

Carla W. graphics and design

Terri M. merchandise

Kate W. registration

Andy E. treasurer

Jake Y. hotels and hospitality

Secretary is still open.

We have the days inn thermopilis booked for may 13th-15th. There is a logo contest, deadline is November 31st. We have booked Ben L. for taping the convention. We are working on a mailing list, and will send registration pamphlets to groups in are region in the beginning of the year. The committee is going to start meeting once a month, sit down,phone,skype one month sit down other month. I am looking forward to working with are URMRCNA committee.

ILS Ben H.S

## Central Basin Area RCM Report 10-10-15

Hello all. I hope everyone enjoys Thermopolis Wyoming today. The Central Basin Area of NA groups seem to be thriving since our last meeting; we have met twice since then.

**The Cody Group** reported an average of 20 – 30 in attendance due to the treatment centers, with about 2 – 4 committed members participating within the group.

**The Lander Group** reported an average of 4 – 8 members at their meetings.

**The Powell Group** reported that things are going well. Attendance is good; 10 - 20. Money is good. Speaker meeting is still the 3<sup>rd</sup> Saturday of each month and brings in upwards of 50. That starts at 10am with Pancakes before it at 9am.

**The Lovell Group** reported an attendance of 5 -7 members. They also have been putting on fellowship events about every other week. They may be opening another meeting night soon.

**The Thermopolis Group** reported that they are having about 3 – 4 members in attendance. They are having struggles with members committing to service right now

**The Riverton Group** is still struggling with attendance but the doors are being opened.

**The Arapahoe Group** reported being in the hole as far as 7<sup>th</sup> tradition. They have 3 -5 members in attendance. They are putting on a speaker meeting once a month at the Wind River Casino. The date varies on that but their GSR Orren can be contacted about that.

In our last forum we discussed the Wienie Jam/Speaker Jam, which we were having that day. That event went over very well with an attendance well over 100 members. Cody's GSR spoke with the jail in Park County about bringing an NA meeting to them. There are a few obstacles with that. The main one being that they have only one committed 12 step night for women only that we would have to share with AA at this point. We would have to contact AA to see if they would be willing to share the night. We have a few vacant positions at CBANA at the moment. We are in need of an Alt RCM and an H&I/PI Chair.

In the other H&I department news we discussed bringing a meeting into the jail at the Arapahoe facility. The person that could do that still has to wait another 6 months before they are eligible to go in the facility and bring a meeting there. That is on hold until that time.

We also discussed the idea of making the CBANA phoneline a Region-wide line. The consensus that I seemed to get was that our groups would like to know how that would look before adopting something like that. I believe that is what we had discussed as a body at the last Region; to move forward or not on how that might possibly look.

Thanks, CBANA - RCM, Chad E.

# URMRNA REGIONAL MEETING 10/10/15

## CENTRAL WYOMING AREA REPORT

Fellow N/A members,

Our area is growing and more members are participating considerably and they are staying.! Here is some of our area meeting notes in a basic break down. 7/30/15 area meeting minutes are as follows. No report for noon miracle, no report for hope not dope. A wake up call reported meetings have slowed down. River float was scheduled for Aug 16<sup>th</sup> and a donation to area was provided. Solutions group provided an attached report and I believe it talked about the 10<sup>th</sup> annual cottonwood campout which I attended and was a great time! They're average attendance is 20-25 on Tuesdays and 5 on Saturdays. Saturday night alive they're average attendance is 6 people and 3 newcomers. Rcm reported that regional meeting is going to be Oct 10<sup>th</sup> in Thermopolis. Literature report gave report. Treasures report was given. Old business was the signatures on the bank statements updated. New business Billy talked about the area could foster na unity and doing a local convention put on by our area Cole S. talked about supporting other home groups and not just attending they're own. Also 21 calls on the phone line 2 were referred. August report was as follows: report for noon miracle was read by Debbie and donation to area of 200.00. Report for a wake up call was reported by Cole s. on attendance and talked about prudent reserve was met and would decide when funds would be donated. Solutions report was reported by Randy A. talked about the campout and they had 6 meetings in 2 ½ day as well as some great speakers that traveled to speak and Gillette for coming down. They had sold all there hoodies and had hats left over. Saturday night alive gave an attached report that I was not able to see but did report. H&I reported and they have more meetings for the juveniles going on. Alright so September has been an exciting time for me as well as other folks I had given a lot of thought what to report on because I feel like our area does a lot more than we show to region. Last month we have established in H&I that we are able to apply to most of the correctional facilities with one form which is awesome! I might add that H&I has quite a few members and that they are participating. We had some discussions at a wake up call about changing the card we read in meetings to better suit the newcomer and looked up the guide lines for this. we brought this to area and some were okay with changing the cards and some were against it. We have also had some unity in our area with two groups a wake up call and solutions they are putting on a Autumn workshop that consist of all the steps which will be 1-3 Alyssa C will be speaking 4-6 Randy A 7-9 Drew W and Cyndy C. 10-12 . Very excited to be a part of this area it's been a journey and most grateful for the service junkies we have!

Loving Service,

Billy P

## Freedom Seekers Area

10-10-2015 RCM Report

Hi Everybody,

The meetings going on in the Freedom Seekers Area are now at 11 per week (9 Gillette, 2 Buffalo). The area's groups reported as follows:

- The *Grateful I'm Not Dead* group are still meeting Wednesday and Saturday nights and stated that attendance for each meeting has went down slightly. Wednesdays are the stronger of the 2 averaging 5-7 members meanwhile Saturdays are only averaging about 2. The GSR however commented that "there is great unity within its home group members."
- *The Refuge* continues to provide 6 meetings per week which are averaging 17-23 at 5:30 meetings, and 4-10 members at late night meetings. Night meetings seem to be coming back a little stronger compared to last month. Saturday is steady while Tuesday and Thursday nights are going through a growth period but picking up momentum. Our secretary and Thursday night key holder stepped down and our GSR is also going to resign after our new Alternate GSR is brought up to speed. I volunteered to pick up the secretaries slack till someone gets voted in.
- *Lost and Found* now **only meets on Sundays** at 3pm. They decided to drop the Thursday noon meeting until an alternative time is created due to lack of attendance. The Sunday meeting however is averaging 8-12 people.

H&I service is still only occurring in Gillette at this time and is reported as follows:

- The meetings at the Campbell County Jail for both men and women are still on Sundays at 7pm. These meetings are still consistent, and reliable. The County jail staff continues to show lots of respect toward all our H&I volunteers and appreciates us coming up. The Mens side have enough members involved that a rotation needed to be created, while the female side gets at least 1-2 members to go in each Sunday. The men usually take 4 (the max) members in.
- The VOA (Volunteers of America) work-release center meetings have basically died due to 2 factors: lack of resident attendance and lack of commitment from volunteers who are accepted to attend. The meetings probably could be reestablished whenever there is a want for NA meetings from the VOA residents.

Our Area meetings have been good. We had our last one August 29th at the Gillette City Park. Earlier this summer the Area decided to present workshops before Area meetings this day the first one was on spiritual principles. We also had members from the Sheridan NA group. They seemed curious and eager to possibly get involved in our Area. No new service positions were voted in and the majority of focus was summarizing how the campout went. The first annual FSA Campout was on July 17-19 at Hettinger Camp. The Campout committee reported that roughly 18 members showed up. The main speaker we had selected before the event unfortunately couldn't attend due to his daughter passing away a week before. The campout still

turned out a success and we made all our money back for park campsite rental, t-shirts and most other supplies. It was a great learning experience to build on for future events.

Activities in the area have been somewhat continuing. Besides the July campout *The Refuge* also held a group annual picnic on August 16<sup>th</sup> that created awesome fellowship attendance. BBQ and volleyball games took place and were concluded with a *Lost & Found* meeting on the grass. Good turnout and great fun. Earlier that weekend there also was a get-together at a member's house to watch the fireworks competition that many members attended.

*The Refuge* continues to accumulate funds for newcomers or members to attend NA functions. They funded 1 member to the SDRNA convention September 18-20 and are going to fund 3 members to the MRCNA October 2-4. Conventions are a riot!!

Our next Area meeting is October 17 in Buffalo. A workshop on "Sponsorship" starts at 12:30 followed up with our Area meeting at 2pm.

Today I have 2 checks for Region: *The Refuge* is donating \$50 and the FSA is donating \$100.

In Loving Service,

Kirk L. RCM



Regional members. What I reported concerning our "Guidelines" meeting/workshop for this Saturday in Cheyenne has been cancelled. Please inform anyone from your respective Areas who may have been planning to attend. The point-person on this Project will reschedule this event \*after \*our next Area meeting, which will take place I believe on Sunday November 15th as to not conflict with CRCNA as several members of our Area will be attending that event. Hugs.

\*TommyO\*

On Thu, Oct 8, 2015 at 6:55 PM, Thomas O'Reilly <[wharfrattommy@gmail.com](mailto:wharfrattommy@gmail.com)> wrote:

October 10, 2015

### **Wyoming Western Area RCM Report**

Hello Region from the Wyoming Western Area. We have 4 active groups in our area at this time; Crossroads Group (Pinedale), Renegades for Recovery (LaBarge), Living Proof (Evanston) and Nothing to Fear (Evanston.) The Cross Roads group is talking about adding a meeting to their schedule. This is still in the works and I will let the Region know if and when it happens.

The open positions in our area are secretary and PR Chair. There was some confusion at the last area meeting in Rock Springs so the GSF Meeting was held at IHop. This was because the meeting facility was not opened. The person with the key did eventually show up and the facility was opened in time for the area business.

We discussed the idea of a region phone line and the group conscience of our area was that we needed more information and input from the groups. It was sent back to the groups with the GSR's but there has not been an area meeting since. There was some questions on the cost, the committee to run it, how many people from each area and so forth. I'm sure that we will be talking about this today.

That is it for now.

In service,

Shawn S