

Regional Business Meeting 8-3-19

Ray B. opened with a moment of silence and the serenity prayer @ 1:09 PM

Jason read the 12 traditions.

Ron read the 12 concepts

Sean read the service prayer

Clean time recognition – Caleb 18mo June 4 – Bubba W 2 years June 9 – Jennifer W. 18mo – Dave W. 2 years April 20

Roll Call

Chair present

Vice Chair – Absent w/o report

Treasurer- Present

Secretary – Absent with partial minutes sent

RD – present

AD – present

Convention Chair – present

Web Servant – present

CW- present

WW – present

WB – present

FS – present

CB – present

Quorum – YES

Approve minutes from last meeting – No because the minutes are incomplete

Web Servant report Attached

Gail talked about updating the website with 2 groups and Usef added the name to the group listing and the rest of the groups did not include the names. Gail would like to stick to the previous format and just have the date and time on the website for future updates.

Sean brought up being able to add the possibility of registering for the convention. Usef talked to Godaddy and they quoted \$25 for this to be a possibility. Gail also brought up the idea of looking into

another webpage provider that will include all these services from the beginning instead of paying per service.

Carla brought up the add on for a meeting locator. Usef talked to godaddy and they do not offer that service. A new webpage would have to be created for this service has to integrated.

Secretary brought recorder and box of files and turned them in.

Gail is reading the minutes that we do have.

Maggie will take the recorder and type up the notes and post them to the Google Groups early next week.

Chair report – Ray B. attached

Vice Chair – Absent No Report

Treasurer - 5422.95 in account Ron reports that he is 100.01 short of the bank statement. \$11986.82 after deposit from Convention should send \$8486.82 to world that will bring us back to the prudent reserve. Ron is not sure about the venue change or anything before he took over. Spent \$1300 just on travel for the zonal forum. Last meeting total costs \$2187. Talked about some of the yearly expenses.

Carla talked about the prudent reserve. Talked about the caps and then everything above the caps then passing the rest of the money passed on to world.

Ron is expressing how he received the regional checking account. He was just handed to him and then he had to decipher what was what

Jenny – question about what the amount is allowed for the convention - \$6000.00

Laura – brings up breaking down the treasurer's report and having it on paper for the regional business meeting and then whatever business is taken care of gets put it on the next report. Complete report of the bank statement. Money in and money out

Gail – we also need to keep in mind that this year is our year to honest the zonal forum also read the operating money matters. Article 11 Sec 2-3

Topic moved to sharing session

RD – attached

AD – attached

Web Servant – attached

Adhoc Phonenumber Report – attached

Convention XXI – attached - mentioned that the convention had laminated quotes hung up all over the hotel and members were able to take one home after the convention was over

Add checking accounts to new business

Daniel – brought up that in the previous notes that the convention got bumped up to \$6500 so \$500 needs to be transferred to the convention

Gail checked the minutes and it is \$6500 NOT \$6000

Sean – motions to have Ron cut Jen a check for \$500

Convention XX – attached

Will be making pre-registration and a flyer to be printed to be taken to the home group

Laura is volunteering members for the Bros and Bras

WW – attached

CW – attached

FS – attached

Ray – asks who it was that asked New Freedom Group about participating in the prison meetings

WB – attached

Everyone oos and ahhs and says thank you Karen

Jason talked about getting back into school and starting the NA panels in school. Also offered to be of service to other areas and help get a panel started

CB – attached

Add the new members to the google group

Dave asked if members had to have permission. Tallen made it clear that it was members that was on probation and got permission

Serenity Break 245-304

Prudent Reserve –

Gail – should keep in mind the zonal forum and the conference next year before sending an amount to world

Ron – agrees with Gail – talking about the amount of money used for travel

Carla – My travel is covered through world, just Gail's travel needs to be covered

Ray – are we wanting to change the guidelines?

Carla – brings up the way Colorado does their system. Tier 1 Tier 2 Tier 3

Tier 1 basic bones necessity

Tier 2 some services

Tier 3 all other wishes

Laura – looking at report and unsure why there isn't a budget for all expenses already in place

Talking about the tier budget is talking about having a projected budget based off the amount of money brought in by the convention every year

Allison – don't feel like I understand or soak in what the money issues are or the budget. Suggests having a 2 year budget based on the conference schedule

Sean- the money has been going this way for along time because we have never been going in the direction that we have never went in. I think that we should look at the budget for the next 2 years and do a lot of research. Going to have to look at the website, the phonenumber, PR H&I, we used to leave all those areas to the areas because we couldn't do it as a region. We were functioning on a month to month basis, now that everything is getting more expensive, zonal forum, travel to world conference.

Ron – We are all meeting in Casper now because Carla thought that it would save the region money. We are not going to be making any money until the convention next year and that is after the world conference –

Gail – maybe a suggested to the treasury is to have buckets regional travel - \$500 bucket – delegate travel – then fund these buckets at a yearly budget meeting

Carla – next regional meeting is scheduled to be a checkbook audit – instead have an adhoc group to gather and come up with a budget

ADHOC BUDGET CHECKBOOK GUYS – Laura, Ron, Allison

Group Me - had a very in depth conversation about this. End of the discussion revealed that maybe it could be something used in the future but not at this time.

Daniel – talks about how easy the group me is to use doesn't know if it would be appropriate for regional body to use

Tallen – was asking about what the difference was

Carla – talked about the ease of use

Laura – brings up that maybe we should use one way of communicating and not use multiple formats

Sean – brings up that we should continue using google groups until we figure out what is going to happen with the website

Elections – Secretary – take back to areas

Jenni – Reno is stepping down as vice chair – He can't handle the business part of NA

Positions open – Secretary and Vice Chair

Dave W asked what the requirements are for the 2 positions

Jay read the requirements for both positions

Old Business:

Zonal Forum – need to have a vote on where it will be held Dec 5-6

Need to have another vote because non-voting members voted last time

Should talk about different places that have cheap flights and a conference room

Options: Casper 9 yes 1 PNV

Cheyenne 0 Votes

Could do a event Saturday night – local fellowship

Jenni – Could contact where the convention is going to be at – could do the bras for bros for fundraiser

New Business –

Checking Accounts

Sean – the checking accounts that are with Wells Fargo is a cluster fuck – if we choose to stay with wells Fargo we need to separate the accounts – we could only look back 30days because we were not signers on the main account – we went and took ourselves off the account for the convention. Anyone that is to be added to the account must be in the bank at the same time. – Have to separate the accounts –

Ron – I tried to go in and straighten things out at the bank and couldn't transfer from account to account had to write a check – says he will go down and end the one account and start a new one.

Gail – Katina needs to be taken off main account the owner of the account is Carla and Gail.

Katina Tweedy

Ron – two accounts on one statement

Sean – Daniel and Katina are signers on the account. It's a nightmare, for convention and the region – proposing to have Daniel go into wells Fargo and find out who is on and who is not.

Budget for each committee and chair – ADHOC Committee to take care of this

Public Relations Structure

Daniel – structure outlined in CW's report (cut and paste)

Given the permission to continue in the direction they are going

Archives – talked about going forward

Money Matters –

\$251 Daniel Zoom Facility and snack

\$100 Sean travel

\$500 Jenni transferred to Convention account

\$100 Gail printing workshop supplies

Next Meeting October 5 – Casper @ 10AM

Closed the meeting with the gratitude prayer @ 4:54PM

Central Basin Area of Narcotics Anonymous (CBANA) RCM Report, I am serving the Central Basin Area of NA. There are currently 15 meetings in the area. Powell-4, Cody-2, Thermopolis-2, Lander-2, Greybull-1, Lovell-2, Riverton-2. No meetings have changed since our last Region meeting and new schedules are up to date. EVENTS Cody has a speaker the last Monday of every month and now has permission to use wifi to get long distance speakers in the mix. Powell speaker meeting is the 3rd Saturday monthly with a pancake breakfast followed by a speaker meeting. They have been using the internet for distant speakers as well. NA 10K was a success as always. There was a woman's NA step study/BBQ at a Cody members house that was well attended but had a late start. Later that evening They had an NA game night that was also well attended and much fun was had! Lovell has a NA BBQ/potluck at a members house August 10th. September 7th before our Area meeting in Thermopolis we will have a workshop lead by Carla. PHONE LINE Several human calls but primarily robo calls. H&I/PI Katie gave a report on the meeting with Cody treatment center, CMC. All went well and outcome (as mentioned previously) has been very positive and the center is attending meetings in Cody and Powell regularly again. These members are very grateful to be coming again. We have also had more members being recruited for treatment 5th steps again. A suggestion was made that H&I meet via internet call or in Cody or Powell so that more time is freed up for workshops in the hour before area meetings. No agreement was made, discussion/topic was tabled until September. H&I will not meet in September due to currently scheduled workshop. TREASURER Area Treasurer hasn't been present the last 2 area meetings. A motion was made to ask him to step down due to job requirements not being met. He has the option to attend in September and recommit to this position if he desires to do so. Otherwise we will need to vote in a new Treasurer then. It was agreed that issues consist of time concerns. NEW and OLD BUSINESS During our forum we discussed lack of communication in the area. The meeting places and members attending Area have been shifting around and changing multiple times the last handful of months. Several members that had received permission to attend our area function in July, ended up NOT attending due to our changing locations 3 times. It was agreed that it is imperative that plans for area meetings need to be agreed upon and followed through with. Tallen was voted in as Alt. RCM!! Hey thank you friend!! Area elections coming September 7th in Thermopolis. Workshop at 11, potluck and Area business to follow! In Loving Service, Tallen/Lauralin

**Aug 3, 2019 Casper, Wyoming
Chair report**

Good Afternoon,

I really have nothing to report, other than I am super excited about the direction we are headed in helping our Areas in the H&I & PR development process. Not sure how this will all look or how long it will take. I just know that we do much better when we have a vision to work on & I believe we do have that purpose as a body to help each other grow. Anytime something new is put into action it takes awhile for it to take hold, I pray that we keep moving forward on our new adventure. There is a need in our Region for this and we are making it happen, one step at a time.

In Loving Service,
Ray B.

Web servant report

8/01/2019

Peace & Blessings,

Our website is in working order. I haven't had a lot of update request. Which brings it has been brought to my attention by Gayle that the regional meeting list on our website doesn't have the groups name and only address. First let me state that this is how the website was design when I took over and I was under the impression that is was how this Region did things. So, I just went with the format of the website which has been this way from previous Web Servants. My question to the body is why this issue was not address when the website was created. No one has ever brought this up since I was elected Web Servant or the previously web servant.

To update the regional meeting list with the name of the groups will take some time and it want be a over night process. Furthermore, my personal experience outside of Narcotics anonymous with being a system administrator of any website the format of the web page is already format for an individual. And my job would be just to maintain user profiles, group policy, and day to day updates.

Loving Service,

Usef. N

New business to discuss

Possible new ways of communicating with regional members

Pdf program

Gayle suggestion on a add on to the website

URMR Alternate Delegate Report 08/03/19 Committee members, The Zonal Forum held 3 workshops, the Saturday morning session was a Zonal Assessment that helped us identify needs and areas that we would like to see improvement. Some of the suggestions were to optimize our web site and coordinate more with participating regions and their web sites. The main concern is that our Zone is not funded. We will be meeting again via Zoom before the next Zonal Forum further discuss items from the assessment. The afternoon sessions were on Drug Replacement Therapy (DRT) and Medication Assisted Treatment (MAT) as it relates to NA and Carrying the NA Message and Making NA Attractive, both were very well attended by the local fellowship. The DRT/MAT workshop was very well received and there were lively discussions in the small groups. It seemed that all three small groups for both workshops were on the same page with ideas and comments. Update of Projects at NAWS: • SPAD is in full swing, taking input for the next 3 years, deadline for first submissions is Sept 1st • Mental Health/Mental Illness draft has been sent out • Future of the WSC has been meeting online and face to face Here is the breakdown of funds spent on the trip – I will provide receipts to the treasurer. Region Funds Car Rental Hotel Gas & Food Total Spent Remaining Funds \$630.00 \$155.51 \$113.00 \$172.28 \$440.79 \$189.21 Thank you for allowing me to be of service JFT – Gail W. Alternate Delegate

Regional Delegate Report August 3, 2019 • Casper, Wyoming Zonal Forum Business- The RMZF met last weekend in Salt Lake City. In attendance were Gail and myself, RDs and RDAs from Montana, Southern Idaho, Utah, Colorado and Upper Midwest. Coler from UMW only joined Friday via Zoom, Shawn was in attendance. Also, Nick from NAWS sat in. A lot of regions in our zone are focusing on 'Step Writing behind the walls.' Montana, Utah and Colorado either have a program in place or are working at implementing one. It seems to be successful. The Zone is recommending Chuck C. for a World Board position. Chuck was supposed recommended from our zone last cycle and that didn't happen due to follow through from an RD, so we voted to resubmit this year. Tommy O. has already sent last cycle's paperwork and we will get it submitted. There was discussion about the CAR workshop and whether we would host or combine with Western States Zonal Forum. Consensus was reached for it to be hosted within our zone this time with discussion mainly being time constraints and affordability. This region needs to decide which town we would like to host, keeping in mind affordability, location of airport and where it would benefit our region the most, meaning regional fellowship participation. The decision needs to be made today so we can put in for a travel request for a WB member. The date would be Dec. 5-6. We added Upper Midwest into our travel rotation at the Zone and corrected the rotation to be alphabetical by region name. It will proceed as follows: December 2019 - URMZ, April 2020 - Colorado, July 2021 - Montana, December 2021 - Southern Idaho, July 2022 - Upper Midwest, July 2023 - URMZ, December 2023 - Utah. We have a Zoom meeting scheduled for Sept. 25 to discuss virtual areas/regions, history of RMZF and use of Google Groups. From NAWS NEWS Online meetings and service committees We are trying to find ways to discuss and improve the available resources for online meetings. We conducted a brief poll on the recent Conference participants web meeting and informed participants of our plans to have a discussion, open to all members, regarding experiences with online meetings. This web meeting will take place on Saturday, 14 September 2019, at 11:00 am Pacific Daylight Time (noon our time). We will eblast notice of this webinar, and we are open to ideas about framing this discussion in the meantime. Please send your ideas to wb@na.org. NAWS does not currently register online meetings as groups, but we do list them in our online meeting-finder tool in order to help members locate them. This practice has been supported by the Conference. The use of online meet-ings is a growing activity in NA, and it seems like it is time to gather experience and find more effective ways to support this activity. We hope we can all learn from this process, and we hope the web meeting will help us to frame a discussion for WSC 2020. SWOT Analysis Representatives from 56 regions (25 US and 31 non-US) and 1 zonal forum completed the survey. Although this number may be enough to be statistically representative, fewer participated in this SWOT process than participated in the environmental scan last cycle. We were able to discern common points that indicate a changing environment. Growth of the NA Fellowship is disproportionate around the world. In terms of numbers of weekly meetings, the Fellowship overall has experienced an average growth of 7% every two years over the last ten years. The US, Canada, and Central America fall far below that average. While we do not believe meeting numbers are the only measurement of our ability to carry the message, it is an indicator. It seems like it is time to have a discussion about what is and is not working well, and what we can all do to help. Another emerging issue is the medicalization of treatment for addiction (DRT/MAT), especially in the US, which continues to grow and challenge us in new ways. The input also highlighted that NA is increasingly multicultural, and the demand for translations continues to increase. Those are a few of the highlights of issues we have noticed arising in the SWOT analysis input, yet that list does not capture the entirety of NA's changing environment. PUBLIC RELATIONS—2018 MEMBERSHIP SURVEY The 2018 membership survey was kicked off during the Friday night main meeting at WCNA 37 in

Orlando, Florida. We received over 10,000 responses from members in attendance and an additional 18,000 plus responses by mail and online. Thanks to the efforts of our members, we had an unprecedented total number of responses—28,495. The survey is used primarily to demonstrate to those outside of NA what we already know—that NA is a credible, viable, and diverse community resource. Most professionals want to see “evidence,” and this survey provides that to those whose work touches the lives of addicts. Among all the survey respondents around the world, 47% indicated that treatment or a counseling agency influenced them to attend NA. However, for the first time in recent history of this survey, the NA member was the greatest influence to attend NA—at 49%. Some of the information we gathered that might be of more interest to us than professionals includes sponsorship and service: 87% of our members say they have a sponsor, and 55% sponsor others; and a rather surprising 95% of respondents say they are involved in service, with the majority (57%) serving at the group level. We anticipate that the global Membership Survey pamphlet will be available in print for members later this summer. We aim to have a PowerPoint presentation on our website soon for members to use in PR presentations. We are truly grateful to the members across the Fellowship who participated; we would not have this great snapshot of NA without your help. For travel today, I’m requesting \$100, minus the \$120 overage from ZF, so will return \$21. ILS Carla W



WYO-BRASKA AREA SERVICE COMMITTEE

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August 3, 2019

Good afternoon to the members of the URMNASC,

Jason K. is attending this meeting in my place this round, and most likely from now on. My life has become incredibly full and my term is almost up. Either way, I cannot continue to serve effectively. My service will continue at the group level.

That said, the Wyo-Braska Area is one week away from our Unity Day celebration and many are looking forward to it. We are taking registrations up to the event itself. Come on down to Lion's Park next Saturday at 10 AM by the shelter by the pool.

We have several new meetings going at the Alano Club in town and are working through meeting the needs of those where everyone can be happy. It's a process.

We have lost a meeting in the town of Pine Bluffs for now, perhaps one day it will return.

We bring with us a donation of \$300.00 for Region.

I have enjoyed my time and service here at this level, and it is not outside the realm of possibility that it may once again be in the cards in the future... More will be revealed.

In Loving Service,
Karen M.

August 3, 2019

Dear URMR:

The Wyoming Western Area meets the 4th Saturday of even months, with the exception of December when we meet earlier in the month. Our next Area meeting is August 24, 2019 in Pinedale with the Welcome Home Group from Rock Springs also hosting a campout at Newfork Lake the same weekend. Please join us if you happen to be in the Sublette County area!

Our Learning Days event took place on July 27 in Pinedale. It was an incredible event with amazing speakers from this Region. It was truly a spiritual experience for me. Thank you to all who attended.

I am grateful to be of service,

Allison C.