

Convention Chair – don't know where exactly where we are going to have the convention at this time. We do have a meeting today with the venue. Will post all the updated info through email. Hotel is having hard time confirming the dates due to other events happening at the same time. Will keep posted via email. Carla asked for a report to be posted before the February meeting. Jenni agrees.

Chair report – Not much to report it has been a very busy period of my life over the last couple months. It appears we are moving in a positive direction as a body and working together we can keep it going. I will not be requesting travel funds.

URMRNA RD Report Oct. 5,2019

Hello Region, Planning is well underway for the upcoming Zonal Forum. We have reserved the Casper Clubhouse for Saturday Dec. 7, and the Marriott for Friday, Dec 6. for the forum business meeting. We have a block of rooms reserved at the Marriott for \$95 per night. The link to book a rooms is: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1568654996998&key=GRP&app=res-vlink> The cost for the meeting room at the Marriott is \$100, which includes coffee and water. Gail and I discussed this and it is nice to have the business meeting be in the same location as the hotel as people are coming in at different times, etc. I'm still waiting to hear from the World Board and NAWS staff if our travel request will be approved. The board is meeting this week, so I'm guessing they held off until their face to face meeting to assign and we will hear back very soon. I am a little concerned, however this request may not be granted as there are now only 11 board members and 2 of which are living within the United States. We may have to bring them in via Zoom, in which case the clubhouse may not be the best option. I just found out the clubhouse does not have wifi available. We could possibly use someone's hotspot that is on unlimited data, if anyone would volunteer that. I think it may be best to look at other options as it may able be a good idea to have Zoom available even if WB travel is approved for Delegates and Alts that could possibly be shut out due to weather. The cost for the Casper clubhouse is \$60 with a \$100 deposit. While the Marriott meeting room is only supposed to hold 50, I looked at it and I think it would be sufficient. It would be nice to get a general idea of attendance numbers. We will get a flyer out soon, when information is nailed down.

The 2018 Annual Report was recently released and is available on na.org. There is a lot of interesting information on how NA World Services operates. This is reporting on where fellowship money is spent, what income is taken in and what that money provides. Some highlights: we now have over 70,000 meetings in 144 countries, and literature translated into 55 different languages. Translations: At midyear, there were 38 projects on the typeset list alone, meaning those projects had undergone the process of assuring conceptual fidelity with the NA message and were through the proofing process and ready to be printed. Contributions are down 2%. To fully fund NA World Services, the cost per meeting was broken down to \$110.40 per year. Actual dollars received per meeting is \$20.80 per year. We have contributed over \$1 million per year now for the 4th year in a row! Of the total income for World Services, contributions make up 11% while literature sales make up the other 89%. The e-version of Guiding Principles is now available. Information is starting to be released about what will possibly be in the CAR/CAT and among some of this is how we process literature and what is Service Pamphlet (World

Board Approved), vs. Conference Approved and some that is World Board Approved with Conference Participant review and input. Included will be the Mental Health/Mental Illness IP draft for approval, proposed changes to the FIPT Operational Rules and Use Policy, a survey on recovery literature, service tools, and Issue Discussion Topics, and some developing ideas for including materials from the strategic plan in the CAR. Reviewing regional motions and working with the makers of those motions has also begun. There really is so much information in NAWS News. Please take a minute to go online and read it.

I also did a workshop on Social Media and Guiding Principles at the CBANA committee meeting last month. It seemed very well received. I need to update our committee contacts addresses and contact info with NAWS. Information I need is mailing and email address and phone number for Ray, Usef, and Jenny. We have the current address as: Upper Rocky Mountain RSC, PO Box 50494, Casper, WY 82605. Is this correct?

Gail and I were also present at a Zoom call last week among the Zone members. Upper Midwest and Utah were not present on the call, everyone else was. We discussed finding out the history of our zone for archive purposes. There was also discussion regarding online recovery meetings and how or if they could be plugged into the service structure. Gail and I went over the meeting of the zones with them and we discussed the upcoming zonal forum.

Upcoming dates! English Conference Agenda Report available 26 November 2019
Translated Conference Agenda Report available 26 December 2019
Conference Approval Track material available 26 January 2020
World Service Conference 2020: 26 April–2 May 2020

Request for reimbursement: CBANA workshop. \$43 for travel, markers and a large post it pad
Travel for today \$149 Also, if I can use the Region's debit card to pay the hotel, and possibly the Casper clubhouse, I can be reimbursed for the remainder of food for the forum, the hotel and travel expenses at the February meeting, or send my receipts to Ron before then.

In loving service, Carla W

Treasurer Report

\$11888.77 minus \$35 = \$11853.77

Bank \$11864.13 Treasury is a little off. Bank is saying that we have more money than what I am reporting.

Main bank account and the convention account are completely separate now.

Ron talks about Ray having the account numbers and the routing numbers in case for any reason they need it.

URMR Alternate Delegate Report 10/05/19

**Committee
members,**

Wyo-Braska Area requested workshops to presented at their Unity Day event in August, we presented the Spiritual Principles a Day and Attracting Members to Service. Both were well attended and there was a lot of positive feedback. I was given \$100.00 for printing, but with the savings card provided to us from Russ (Colorado AD) the cost was only \$28.52. I am returning \$71.48 today.

NAWS held a virtual meeting of the Zones, it was the first time all the zones met at one time. Carla and I both attended as our two zonal representatives could not make it. We are trying to get our zone to allow us to continue with this project.

There are 15 zones around the world with each zone represented. Iran Region also participated. Each zone had approximately 4 minutes to share what their zone does, what the structure is and any projects they are currently undertaking. At the conclusion a poll was taken to see if we wanted to continue to meet and the response was an overwhelming yes. The most votes were for quarterly meetings. It was an exciting event to be able to participate in and very informative. Rocky Mountain Zonal Forum is mostly an information hub, where the regions meet to discuss best practices, challenges and achievements. Our Forum includes a business meeting and then workshops with a World Board presence. What I learned is that there are a few other zones that are just like ours.

I will be requesting funds for the Zonal Forum being held in December, I am not sure how much at this time but will have an amount by the time money matters comes around.

**Thank you for allowing me to be of
service**

**JFT – Gail W. Alternate
Delegate**

Web Servant

10/5/2019

Peace & Blessings,

There's not a lot to report, besides I did investigate possible different website provider. Which our choose are Wix, Weebly, Squarespace, and WordPress. I would like to mention building a new website is a lengthy and time-consuming process and this is something I would not be willing to do. I would like to mention too this body that it considers a professional to do so. I also would like to mention that we as a body should consider an alternate web servant position.

Loving Service, Usef. N

Ad Hoc September, 2019

The ad hoc decided upon these positions and basic layout of structure for the draft.

- Rough thoughts on what it could look like:
 - PR chair- single point of accountability to region, hosts regular zoom meeting including the below positions
 - Vice PR chair
 - PI chair (hosts regular zoom meeting including the below)
 - All PR/PI area chairs (if possible)
 - Website/Meeting list (Web Servant)
 - Phonline Single point of accountability
 - H&I chair (host regular zoom meeting including the below)
 - All area H&I chairs (if possible)

Moving forward the Ad Hoc is now going to dive into examples of what other regions do in regards to guidelines for these positions and we'll compile, compare, and draft what could work best for these positions in our region.

We have been having a lot of difficulty in communication. We have utilized the group me app and have a chat. If anyone wants to be a part of this adhoc committee then please see Daniel to learn how to get the app and get started.

October 5, 2019

Dear URMR:

The Wyoming Western Area meets the 4th Saturday of even months, with the exception of December when we meet earlier in the month. Our next Area meeting is October 26, 2019 in Evanston with the Nothing to Fear group hosting and celebrating their meetings birthday after area. Please join us if you happen to be in the area!

We have started a capture the flag activity in our area to promote connection between our groups that are spread from Evanston to Pinedale to Rock Springs/Green River. We appreciate this idea being shared at the Regional Assembly. We felt this would be a fun way to encourage the travel necessary to visit other groups within our area.

I am grateful to be of service,
Allison C.

Central Wyoming

October 4, 2019

CWA REGION REPORT

1. SUB COMMITTEE ACTIVITY

Central Wyoming Area has three sub committees: H&I, PR, and Literature

1. H&I

1. Currently taking 7 meetings into various lock down facilities each month with some struggle to consistently make them for the past couple months.

B. PR

1. Continue in maintaining current responsibilities (updating meeting list and distributing them to home groups, H&I, etc.)
2. In need of support though slowly building relationships with Family Practice.
3. Held an additional phonline training for the area as there are only 4 people on it currently and this has led to addicts not being able to reach another addict. (extra phonline training/potluck is today actually)

C. Literature

1. Continues operations of ordering literature and meeting material for the area, home groups, and sub committees.

3. AREA ACTIVITY

Currently has 6 home groups, all located in Casper with many home groups currently struggling to participate regularly at the ASC.

1. Area motions and business

1. Positions at the Area level are struggling to be filled and currently various “hats” are being filled by individual trusted servants. (GSR is also secretary etc.)
2. Home groups are mostly business as usual with one planning their annual Halloween/Costume party for Saturday October 26th, in the fellowship hall of the first Methodist church (where the RBM has taken place lately).
3. Annual New year’s eve fellowship H&I and PR fundraiser have started planning! Hope to see you all there (I’ll give the our region web servant flyers for upcoming events as I receive them!)

With gratitude,

Daniel M. RCM CWA

CWCC(2) JDC(2) Jail WBI

Gail asked how well the relations are going for the jail. No one is currently able to go into Lusk yet due to schedule conflicts. One member is going into Rawlins but do not count this as H&I due to him only joining the meetings already taken place

CRC and the Native American one has difficulty getting in contact with the correct person on their end

Torrington – haven’t heard anything

Carla asks for members across the room to speak up.

Freedom Seekers Area

Our area is growing! We officially have 2 new groups that are sharing the message of recovery the NA way. We now have The Wash Room group in Newcastle that is up and running. Open Recovery is a new daytime meeting in Gillette.

The area had a picnic at Lake Desmet. We happened to have it on one of the years worst weather day. However we still had about 10-12 members participate. We has members from all the different groups attend.

I have been told the Moorcroft meeting is in the process of figuring out how and when to start again. I know the member in Moorcroft has been in touch with several other members trying to get ideas, experience strength and hope. I am excited to see where our area goes!

The Refuge – Things have settled back down. We recently secured a full-time location at one of our actual old places. We are excited and very optimistic for this location. Attendance is steady with 10-25 members and some of that decline was from location issues and moving our meetings around. We have come to value and treasure our location and learned some valuable lessons in all of this. H&I is strong! We are still working on a juvenile panel. This is slow going. Have several activities and they are attended well! Again, our location has changes. Maggie has the updated flyer for everyone.

Lost & Found – Meetings are well. Door is always open. Attendance is good. Plenty of literature. Most importantly the message is being carried.

Open Recovery – Meeting time has changed from 1:06 to 2:06. We have anywhere from 4-8 members. Financially doing well. Getting low on literature but should be ordering some soon.

The Wash Room – Attendance is positive. Treasury is small but positive. We could use more literature. We will be attending area for the 2nd time and asking to be included.

New Freedom Group – Recovery is alive and well in Sheridan. All meetings are opened and chaired. We are working as a group to help to improve our message of clarity. It tends to get a little huddled, especially at the meetings that the treatment facility attends. We as a group are trying to improve in this area. All positions are filled, and H&I commitments are being met. We as a group will be donating to the newcomer's fund for the convention coming up in Casper next year.

Grateful to be in recovery and in service,

Maggie K.

WyoBraska –

Caleb announced that info was sent to world regarding the SPAD

Ray announced that 6-8 men are attending H&I in WyoBraska

CBANA RCM Report 10.2019

I am serving the Central Basin Area of NA. There are currently 15 meetings in the area. Powell-4, Cody-2, Thermopolis-2, Lander-2, Greybull-1, Lovell-2, Riverton-2. No meetings have changed since our last Region meeting and new schedules are up to date.

ACTIVITIES Oct. 12, at noon, Lovell is hosting a potluck and an old fashioned bingo event with prizes. This will be held at the Catholic Church, 1141 Shoshone Ave.

Oct. 27, 5PM, game night/auction Fundraiser in Powell. Funds will go towards Area November event.

November, 9th, Area meeting at 10:30, followed by a Holiday potluck and T-shirt tie dye/design event and contest.

PHONELINE LOTS of robo calls. A couple of humans. We block the robot numbers after they call but we don't have any other solutions.

H&I

Took a tally on those interested in doing a Zoom/Skype meeting in Oct. so we can have more time before Area meetings for Region Workshops. The majority of folks were interested so Katie will set one up in Oct.

GSR REPORTS

Lander: 3-5 people at meetings and this is still a concern. Lovell: Lack of consistent solid members, anywhere from 2-10. Powell: Gossip is a concern. 5-20 attend.

Thermop: 3-5 members, they are concerned about service commitments in the group and area.

Riverton: hasn't been represented at Area in months. Voted to remove them from group reports unless they return.

Cody: Attendance is good Mondays and CMC still comes. Starting some Zoom

meetings for speaker night, the last Monday of the month, 7pm. We had some technical difficulties the first one but it will be set next month.

WORKSHOPS We had a great Area workshop facilitated by Regional member, Carla. Area agreed

that this was very educational and we want more!

We had elections and all positions were filled.

Next Area meeting is November 9th in Lovell surrounding fun activities.

ILS,
Lauralin

DISCUSSION: How are we supporting our groups?

By hosting events that are fun surrounding Area business meetings and making service in groups and Area more attractive.

Break for lunch. Will resume after lunch

Open the meeting at 2:31 PM

Sharing Session

Jason asks Usef how to get connected to the google groups

Conversation regarding google groups being utilized with other email accounts other than Gmail.

Gail wants to discuss removing old members off the google group. Question asked if the member can remove themselves. Usef confirms there is an option to do that.

Gail brings up to adding the new members. New member includes Dave, Jason, and Phyllis. These members have been told to give Usef their information.

Carla brings up the option to reply all so that all members get the information.

Carla brings up that it would be a good idea to check out the Group Me App until the next meeting then go from there.

Ron brings up the idea of having a read email alert. Ray mentions that it is already an option on all emails. Anyone that is sending an email can check that option when composing an email.

Elections

Vice Chair – No nominations

Secretary – Carla nominates Phyllis from Casper. Phyllis accepts the nomination.

Daniel reads the secretary qualifications. All terms are for 2 years.

Phyllis qualifies herself. Willing to try.

Ron asks about her typing skills.

Caleb asks if she will write or type the minutes.

Gail mentions that there is a recorder for her to utilize.

Carla talks about how serious the position is and the importance of the minutes.

Carla mentions the possibility of rotating the meetings from one area to another in February. \

Phyllis mentions some anxiety around traveling but says that if weather is good then she's good.

Phyllis leaves the room.

Call to Vote In favor – 5

Opposed – 0

Abstain – 0 PNV – 3

Nomination confirmed Phyllis L.

Ray asked about the election schedule. Carla mentions it is in guidelines.

Dave W. nominates Kaleb for vice chair. Kaleb accepts the nomination.

Daniel read the duties of the vice chair. He also reads the duties of the chair in case he would have to fill that position.

Kaleb qualifies himself.

Allison asks if he has been to region before.

Carla asks if he is going to be able to calm a situation down. Kaleb thinks he can do it.

Kaleb asks if this works like with the delegates and if he will take the chairs place when it is time.

Ray asks about pending investigations

Call to Vote

In favor 6

Opposed 1

Abstain/PNV 1

Nomination Confirmed Kaleb H.

All positions have been filled

OLD BUSINESS

Phoneline – no business

PR –

Checking Account – we need to know who the owner is and who is on the account.

Daniel went to ask if he was still the admin

Was able to get everything figured out. Added Jenni. Was able to separate the convention and the regional account.

Gail asked if her and Carla were admins or just signers. Daniel answered that everyone was just signers.

Ron brings up that Katina is the one that created the bank account. Glad to hear that Katina is no longer admin for the account.

Gail mentions that Katina was supposed to switch the owners of the account and seems she didn't do that.

Daniel was told that he is not the only one able to make changes.

Ron mentions that if you are a signer on the account and want to be able to have authority to take them off the account. Ron says that the bank does not have a set of guidelines to show you what they can and can't do. They are not all on the same page.

Carla – sounds like Daniel is still the admin and that he is to be the one that must sign for someone to get added and removed. We need the info available for if something were to happen. Carla is not going to be here the longest. Doesn't think that it will be a good idea to add me if you must turn around again in one year

We need to have last name and positions and a statement in the minutes that these are the signers

Daniel says that he will go to the bank on Monday and post the information

Guidelines –

Sections 1 - We should add the addendum to be added for the meetings to be held in Casper until the meeting in February. Carla adds that it is highly recommended all regional service body members attend the workshops prior to the business meeting

Section 5 – should we stay with RRO or continue using the hybrid version of this. Carla wants to keep using a quorum. Need to reword it to include it being a hybrid. Maggie asks for clarification on the 2 ways of order.

Article 6 Section 6 change the last word from should to shall

Should there be something added for new groups, meeting list, etc.? Maggie suggests that there should be something in the guidelines regarding new groups, etc.

Allison suggests we had added a section 3 to the guidelines to address this concern. Carla adds that if we are unable to contact someone within the group then the group may be removed. Dave states that we should allow a group 1 quarterly cycle to report their group's existence. Ray asks Gail for a reading of what is to be added to guidelines. All agree

Article 7 Duties of Officers - should remove financial resources because being financially capable shouldn't be a requirement for serving. Maggie suggests only taking out the word financial and leave resources to travel.

Discussion about abstinence being used. Ray mentions that abstinence does not require recovery

Call to vote – in favor 5 opposed 3 PNV 1

Remove the sentence about the web servant posting the minutes

Talk about looking into to using another website provider so that we can include more features

Workshop topics – chosen by the RD and ARD

Article 1X Elections – Section 4 in favor of changing encouraged to shall

Article XI – Section 2 - numbers have not changed.

Section 4 – change the gas mileage reimbursement to will pay as requested up to 0.30/mile

Section 6 – asking if we should add assisting with the cost of the Zonal website – no longer needed.

One thing that needs added is that if the region does not have enough money that our region would only send the delegate to the Zone and not the alternate delegate

Probably going to be included in the budgets

Asked if it should be adding a line to include the rent for the meeting space for the regional business meeting.

Create a new section regarding adding and removing members from the bank account. Maggie asked why Gail couldn't just add it when we figure out the info and the body wants Gail to bring it back to the body and vote on it.

Lara suggested adding the service prayer to the guidelines so that it can be used at any time in the future

Carla says to read your goddamn bullshit and reply all!!!! You fuckers!!!

Secretary should oversee updating the guidelines.

Carla brings up breaking down what people are getting reimbursed. Itemize each expenditure.

Maggie talks about the recordings

Gail asks if the Casper fellowship back and forth to the hotel Phyllis and Daniel will be able to help.

Gail is requesting to be reimbursed for Zone \$200

Carla requests \$43 Cabana workshop \$149 for Oct 5 travel
12-24 Club \$75

Convention is to stay at the Ramkoda May 15-17
Flyers will be updated and emailed to all regional members

Carla motioned to close Everyone 2nd

Close at 4:41PM