



**OCT 5, 2019 Casper, Wyoming**

Kaleb opened the meeting with the

Serenity Prayer at 10:00 am

12 Traditions - Dave

12 Concepts – Maggie K

Service Prayer – Brandon T

Clean time recognition since our last meeting: Brandon T, Shawn S 24 years, Crystal 18 years.

**Roll Call:**

Chair: Kaleb H **present**

Vice Chair: **Vacant**

Treasurer: Shawn S **present**

Secretary: Maggie K **present**

Regional Delegate: Gail W **Present**

Alternate Delegate: Ray B **Vacant**

Convention XXI Chair: Jenny W **present**

Convention XXII Chair: Ben H **present**

Web Servant: Derrek T **present**

**Regional Committee Members:**

Central WY: Billy P **vacant**

Wyoming Western: Lara H **absent**

Wyo-Braska: Dave W **present**

Freedom Seekers: **Vacant**

Central Basin Area: Stephano **present**

## **Other Guests: Carla W and Brandon T**

Do we have a quorum to conduct business? yes

Approval of Previous Minutes: Gail 1<sup>st</sup> Stephano 2nd

Guidelines Approval: Gail motions to approve the guideline so they can BE IN EFFECT FOR TODAY 7 for 2 against

Discussion regarding guidelines approval: Shawn doesn't agree with consensus based. He never has. Sean doesn't see a benefit with it. Crystalynn asked about having a business meeting along with our Regional Assembly. Kaleb read the guidelines pertaining to Crystalynn's question. Maggie explains why the two extra meetings were added to the schedule. She explains that they were added because everyone was complaining about how long each regional business meeting taking a long time so 2 zoom meetings were added to take some of the burden off the delegates and to better inform the regional committee. Gail mentions that this is not set in Stone and if things change then things change. She also mentions that she agrees with this addition. She talked about that if this is not well tolerated then we can always change it. Sean brings up that the change has already been voted on and passed so there isn't really anything we can do about it right now. Dave asks if the zoom meetings are just for business and no workshop.

**Reports:** Chair Kaleb H verbal will email it to me

Vice Chair Vacant

Treasurer Shawn S [See Attached](#)

Regional Delegate Gail W [See Attached](#)

Alternate Delegate Ray B [See Attached](#)

Web Servant Derrek T [See Attached](#)

Ad hoc Phone Line Report/PR& H&I [See Attached](#)

Convention XXI

**Convention XXI:** Discussion about whether there is a fee to use square, Venmo, and PayPal.

Gail talks about the merchandise going to the next convention. She always talks about this year being the 1<sup>st</sup> year that we used PayPal. Gail mentions that it would be nice to know if those services have a fee. She also talks about whether the next convention wants to use those accounts then they can or if they don't then the accounts can get shut down. Jenny talks about how easy it was to use all the online options to purchase merchandise and registrations. Jenny believes that it is sill to not have those options. Gail brings up that it says in the guidelines to close all online accounts after the convention. Just more things to think about. Jenny brings up how she is supposed to go through and close everything. Gail asked Jenny if she know what the guidelines say about the accounts stuff. Jenny replied with no. Carla mentioned to Jenny that they will be going through Casper so she could pick up everything from Jenny. And Carla says that if there isn't any fees then not to shut them down. Jenny mentions that Katina is the owner on the bank account. Shawn brings up that anyone that is on the bank account needs to go with

whoever is going to take their place then they need to go to bank all together and get the proper names added and the old removed. Jenny just looked online and said that there is a 2% charge per transaction. They no longer use monthly fees. She also brings up that anyone can go online and order a square and it can be connected to the convention bank account. Stephano is wondering where the convention guideline is posted. Gail answers that all guidelines are to be exchanged between each committee.

Convention XXII: No Questions

**RCM Reports:** Wyoming Western Area Lara [See Attached](#)  
Central Wyoming Area Billy P [See Attached](#)  
Freedom Seekers Area Vacant [See Attached](#)  
Wyo-Braska Area Dave W [See Attached](#)  
Central Basin Area Stephano [See Attached](#)

Serenity Break at 11:25AM

### **Sharing Session:**

1. Discussion about the airline tickets. Gail asks if she can reimburse the region and use it personally. Carla opposes that idea. She said that she would like to see Gail to just use it. Shawn brings up that we should look at the amount and find something beneficial that Gail could use it on. Discussion tabled.
2. Brandon mentions that he was not happy with the process of discussing and voting the Regional Zoom meetings on Tuesday and Thursday. He thinks that it was against our process. Ben mentions that this isn't the first time that it was discussed (last regional meeting). Ben agrees that he doesn't agree with email voting. Shawn is upset that there has been voting outside the regional meeting. He doesn't agree with it and says that voting should only happen inside the regional business meeting. Shawn brings up money matters issues. Gail says that a lot of that has to do with her and apologizes to the region and says she will refrain from sending emails like that in the future.
3. Dave brings up the issues they are having with their area (Violent and disruptive behavior) and says that he isn't sure if the region could help with these issues except for give guidance. He is unsure about what can be done. Would just like some guidance. Brandon brings up region facilitating a workshop on meeting safety. Dave thinks that these are more internal controversies. They are just looking for suggestions. Trying to figure out how to conduct safe meetings for newcomers and old timers alike. Dave doesn't think that region could help with older members withdrawing from the fellowship. Brandon asks if the region could hold a workshop on unity. Gail mentions

that she put together a workshop that covers this topic. Gail brings up that none of the Wyo-Braska area showed up.

**Elections: Vice Chair**

Kaleb asks if there are nominations. No nominations were mentioned.

**Old Business:**

1. How should we meet? IN-person, zoom or hybrid?

Brandon asks when the next in person meeting is and Kaleb answered with February. Brandon thinks that we should just wait until December to decide. Gail brings up that we were supposed to get prices for the equipment before we could vote on it. Kaleb corrals it back to the issue at hand. Dave if we were to vote continuing in this way then we wouldn't need equipment because no one is going to have equipment on there phones. Dave asks about the traveling guidelines. Gail mentions that it is in the new guidelines that we just approved highlighted in yellow. Kaleb reads the guidelines out loud. Kaleb asks Carla if we had to change the guidelines if we wanted to meet on zoom in the future for February. Shawn says that his opinion to be hybrid should not be an option. If you don't show up, then you don't show up. Then he brings up the cost to do hybrid meetings. He says that there are a lot of different aspects that need to be looked at before we can go hybrid. Gail shares her personal feelings regarding this topic. Gail says that she is unhappy that we are in this position. She doesn't want to give up hope that we can meet again in person. She also thinks that we should look at this from what is best for region. This saves huge amounts of money for our region. This is always going to be about the money. We are missing the magic that happens when addicts break bread. She believes that we should travel when we can. Right now, we are in the process of making some really hard decisions. She believes that we should look at this on a meeting-to-meeting basis. She doesn't know how we are going to make these decisions with out using email or some other form of communication. She says that she can't be a part of the process because she is too emotionally involved. She is not ready to give up or surrender to only zoom meetings. Ben doesn't think that this needs to be decided right now. He doesn't think that this isn't going to last forever. Carla thinks that we should just call a special business meeting on zoom. That's the way that it used to be written in the guidelines. And the chair can do that at any time. Kaleb asks if anyone is opposed to discussing the February meeting at the December meeting.

**New Business:**

1. Workshopping for the WSC. We have 3 options. One is to give the delegate team permission to vote their best confidence on the CAT options. Second The SPAD is a CAR item and we do need to workshop. Kaleb asks why we have never workshopped the CAT items? Gail reads the guidelines regarding this. Shawn because of this being a different type of a cycle, maybe we could workshop all 4 items in both sections and have something to talk about at the assembly. Since there is going to be only 4 items Carla talks about each item and thinks that we have never workshopped a budget. But the other 3 items should be doable. Maggie asks don't we have a CAR one year and an

assembly every other year? Gail explains that because we are in a global pandemic then we can't have business as usual. She also mentions that 2020 didn't give us anything to workshop. She also states that she will need the regions direction on how to do this. She also talks about doing a mock conference. Take one motion from the beginning to the end. It's a lot of work but it is a great idea. Dace was understanding that they were taking the SPAD to print this year. Gail corrects Dave. The draft will be available on November 24, 2021. Dave mentions taking Gail's report back to the areas and the groups. Dave proposes for region to take Gail's report back to the areas and bring back to the region in December. Stephano asks for more specific info to be brought back to the region. Shawn asks what the areas want to be workshopped at the regional assembly.

2. Size of the PO box. Shawn brings up the PO box is a perfect example of sending a blank check out there. Ray went to renew the PO box and ending up paying for the biggest box out there. Shawn didn't know anything about this until it was after the fact. He is cutting Ray another \$66 check. Gail agrees that it should be dopped down to the smaller box. Gail also brings up that the PO box number changes because we changed the size of it. Shawn agrees with Gail. Stephano ask if Shawn has the accounts listed with all the accounts that we are paying. Are we keeping track of everything that needs paid? Shawn said that he would love that info. Gail says that she has sent Shawn a spreadsheet with all that info. She is going to resend that email. Gail will go to the post office with Ray and get the po box info connected to the debit card. Derrek bring up that he has been talking about the zoom coming out of the bank account for the last 2 region meetings. Shawn confirmed that he got that invoice. Gail also confirms that all that stuff is coming to the region email instead of her. She will get that info and send out that spreadsheet. Stephano mentions adopting this kind of information into the treasurer's report so that the RCM's will be able to report that back to the areas easier.
3. RCM Report Form – Stepahno wants clarification about meetings that are not part of the area and not part of the region, but they do exist and not officially part of the area. He also asks if that should be a part of the RCM report form. Gail mentions that this form is not approved. Maggie drafted it and sent it out just to have people look at it and decide what they think. She also reminds us that it is a fillable form. Gail also brings up that the number of meetings reported is up to specific areas on what information is included. Gail also brings up that the delegate team must also report to the Zonal Forum and to World Services. Dave agrees with Gail. Dave also knows that the RCM form was to be voted on and adopted today and he used it today to see if he would like it. He also takes pride in his reports over that last couple of years and doesn't add any filler. But if this form is what the region wants then the region will get the same report every cycle because that is just how it is. Kaleb asks if there is any thing that needs to be discussed about the form. Stephano asks about sub committees' activities and upcoming events, and it being doubled. Dave views it as the activities is what the activity chair has coming up. And events are what goes on in your area. Maggie says she was looking at it like the activities is for individual groups and the events would be for the area. Gail agrees with Stephano that it is confusing. Gail says that this could be a way to get ideas and possibly

collaborate with other areas. Dave mentions that there could be an addition of special nondescript committees could be informative. Tabled until next meeting.

4. Discussion about the BLMT. Dave asks how to find the meeting id number on the BLMT. Gail says that Derrek got the meeting list from NAWS and on that list each group has a meeting ID number and yes, it is important to have that group number. Dave asks where does he find that information? Derrek answers, when a new group is registered with NAWS they receive a group number and that is one way to keep track of all the groups from Derrek. Derek also says that Abby has this info. Tabled.
5. Convention Webpage: Derrick asked what his next moves should be to switch the conventions on the webpage. Shawn brought up that he is probably going to have to wait for Ben to get ahold of him. Gail suggests that for the actual convention page to go in an unpublish it and don't delete it.
6. Dave brings up the special days according to NAWS. Sponsorship day is December 1, 2021. Stephano asks where he can find this information. Gail says that all this info was approved at the 2018 CAR.

**Money Matters:**

1. **Jenny is going to send Shawn a check for the extra money made at the convention.**
2. **Shawn is going to send a check to WS in the amount \$525.00**

**Next Meeting:** December 4, 2021 @ 10

Gail motions to close and Maggie 2<sup>nd</sup>

# Reports

Chair Report (verbal)

## URMR Delegate Team Report 10/02/2021

Hello Regional Committee Members!

I will be reporting for both Ray and I today.

The WSC participants have met consensus on the postponement of the WSC to 2023, with an interim conference in 2022 to be held virtually. The interim conference will be held to fulfil our obligations to address legally essential business. That business is as follows:

- NA World Services Budget for one year – 2022-2023
- Extend existing *FIPT* moratorium on inspection clause for one year. (Acting as the trustor, the delegates present at the virtual WSC 2022, are continuing the suspension of Article 5, Section 3 of the *FIPT* Operational Rules, while we make a decision about the future. This suspension will expire at the close of WSC 2023.)
- Adjustment of terms for WSC trusted servants. (the details of this will

be provided) We will also be reviewing and approving the Spiritual

Principles a Day draft.

The 2022 virtual meeting will take place the Friday and Saturday before the WSC is currently scheduled and the Friday and Saturday of the current WSC week, meaning the virtual 2022 meeting would be on 22, 23, 29, and 30 April (one day later for our participants over the dateline).

The business for the virtual session in 2022 would be distributed in one document, called an Interim CAR/CAT, using the current Conference Agenda Report (CAR) deadlines:

The relevant deadlines and dates as currently listed in GWSNA are:

- [Interim] English Conference Agenda Report available 24 November 2021
- Translated [Interim] Conference Agenda Report available 24 December 2021
- Amendments to CAR and CAT motions deadline 8 April 2022
- World Service Conference 2022 24-30 April 2022

There needs to be a discussion on how we would like to proceed with the material we will be covering in 2022. Since 3 of the items that will be discussed and voted on are essentially CAT (Conference Agenda Tract) items, and this region does not normally workshop CAT items, it

would be up to this body to determine if we will workshop these items and hold the assembly to gather the consensus of the groups. In the past, the region has given the delegate team a vote of confidence regarding CAT items, meaning that the region has felt that the delegate team has enough information in order to be able to vote accordingly to the region's wishes.

If we do not workshop these items, the only item we would workshop would be

the SPAD draft. We can do these one of several ways:

1. Ask the regional body if they would like to continue as before, giving the delegate team a vote of confidence in these items and not workshop any of the material or assign time at the Assembly for the gathering of consensus on the CAT material. If there are no objections to giving the delegate team the vote of confidence, then we can proceed without workshopping any of the interim CAT content.
2. Any literature coming from the conference needs to "Conference Approved" before it reaches the fellowship, conference approved means that delegates have brought the material to their members to review and vote on. This ensures that all of our literature is actually Fellowship approved, it is also a great privilege to be able to say that we were involved in the making of this new piece of literature – so therefore the suggestion is that the SPAD draft is workshopped outside the interim CAR/CAT. The delegate team can put together a comprehensive workshop that RCM's can take back to their area's and GSR's, and we will assign time at the April Assembly to gather consensus.
3. We could workshop all of the items in the interim CAR/CAT and assign time to gather consensus at the April Assembly.

The world board has a letter to regions and zones regarding the term limits, there is much discussion on whether the WSC cycle should move to three years instead of 2. This would affect the terms of the delegate team in our region, and we should look at this carefully. I am including the letter in this report, but it can also be found posted it on the top of the conference page: [www.na.org/conference](http://www.na.org/conference)

NAWS will be selling a tape-bound version of the Spiritual Principle a Day approval draft for \$10 plus shipping and handling through the webstore: [www.na.org/webstore](http://www.na.org/webstore).

Here is an email from NAWS regarding the inventory on hard cover Basic Texts:

Hello,

Ordinarily we would not send a NAWS Update email so soon after our last one, but these are not ordinary times.

We are writing to let you know we are temporarily out of stock of hardcover English-language Basic Texts, as well as some other items, in our Chatsworth and European branches. Currently our office in Canada still has hardcover Basic Texts in stock. We typically try to keep an inventory level of well over \$1,000,000 in Chatsworth, and that high level of inventory has, until now, insulated us against many of the supply chain issues that have been affecting organizations and businesses worldwide, but now those challenges have caught up with us. We will not be able to accept orders for the English-language hardcover Basic Text until 15 October.



As of this writing, we still have soft cover Basic Texts in stock in all branches, and don't forget that you can stream or download audio of the Fifth Edition Basic Text in English for free at [www.na.org/audio](http://www.na.org/audio). (You'll find Arabic, Hebrew, Hungarian, Russian, Spanish, and Thai BTs there as well.)

We are doing our best to mitigate the effects of circumstances beyond our control ranging from challenges sourcing raw materials to delays in shipping and in unloading shipments at ports. Nonetheless, these circumstances may affect stock of other items as well. We apologize for the shortages and appreciate your patience.

Yours in service,

World Board

The world board has been explaining to the conference participants that due to the pandemic, there are many issues arising concerning the availability of raw materials that we use for the production of our merchandise. This affects the costs of production and the inventory, so as this may have been news to the general fellowship, we have been aware that this could become an issue.

Here are some items that have been sent out and should be of interest:

### **Virtual Meetings**

We have posted a draft of a new piece of service material, Virtual Meetings Best Practices: [www.na.org/toolbox](http://www.na.org/toolbox). NA members around the world have helped to create this piece by sharing locally developed resources and by participating in the web meetings we have been hosting for the last two years. The new draft tool covers a range of topics, including keeping meetings secure from disruption, welcoming newcomers, and practicing the Seventh Tradition.

We encourage you to review the draft posted on the Toolbox project page [www.na.org/toolbox](http://www.na.org/toolbox), where you will also find a short survey to gather input until 30 November. You are welcome to complete the survey as an individual member or with others in a group or service event setting.

### **Little White Book Input Deadline**

Don't forget: the deadline to give input on the 60th anniversary Little White Book (LWB) being proposed is coming up. As a reminder, we would like to publish a version of the LWB that includes the stories from all of the different language versions.

*A Guide to World Services in NA* explains that, "If a local NA community with a history of successful translation efforts wishes to develop local stories, they may do so for the Little White Book." In line with this policy, 13 language versions of the LWB include local stories. We would like to combine English translations of all of these stories, together with the eight stories in the English LWB, under one cover. The Fellowship Intellectual Property Trust allows the World Board to bundle and repackage already published NA literature providing 120-day notice is given to the Fellowship. We posted that notice in June, and the deadline for input is 31 October. For more information see the June 2021 Notice for LWB posted at [www.na.org/fipt](http://www.na.org/fipt).

### **Addressing Predatory, Disruptive, or Violent Behavior**

Our most recent open webinar was focused on creating a safe and welcoming atmosphere in NA. We will post a report and audio recording from that webinar to [www.na.org/virtual](http://www.na.org/virtual) soon. In the meantime, we have collected policies, workshop outlines, statements, and other tools related to the topic and posted them on our local service resources page: [www.na.org/localresources](http://www.na.org/localresources). If you have any locally developed resources on the subject, please send them to [worldboard@na.org](mailto:worldboard@na.org) so that we can post them.

### October CP web meeting

The next conference participant web meeting will be 9 October, 11am-1pm, Pacific Daylight Time.

The main focus of the meeting will be on the Local Service Toolbox efforts related to virtual meetings. The Toolbox is a priority project for the cycle, and we are looking forward to reviewing some of the work of the project together with you next month. The draft Virtual Meetings Best Practices posted at [www.na.org/toolbox](http://www.na.org/toolbox).

Ray went to the Post Office to pay for the box, and they would not let him pay early, so he had to wait. The PO Box costs \$166.00, the size is a number 2 box, when we pay for 1 year, we get a month free. We can change it to a smaller box for less money, since we do not seem to get very much mail.

Ray went to convention and said the speakers were great and he had a great time.

Items that need to be in sharing:

- Interim CAR/CAT – workshop?
- SPAD – workshop?
- April Assembly – suggested a mock conference (take one motion and show the process)
- Post Office Box

Thank you.

Gail W – URMR Regional Delegate

Ray B – URMR Alternate Delegate

### **Results of Decision Making Poll Regarding WSC 2022/2023**

The following motions were decided on via electronic poll. Conference participants had 72 hours to respond to the poll, beginning Thursday 26 August and ending Sunday 29 August.

123 participants took part in the poll.

**Motion V1 (from 2020 but revised to be a policy):** When the WSC chooses to meet virtually, all World Service Conference participants may participate and vote remotely in the same manner as the current policy for participants who are unable to obtain visas:

*“Participants who are unable to attend the WSC due to visa issues may participate remotely. Remote participants have the same rights as if they were at the WSC” 2020 GWSNA*

To accommodate the variety of time zones and to ensure an accurate record, decisions of the WSC can be made outside of the WSC meeting by epoll that is sent to all seated Conference participants.

**Maker:** World Board

**Intent:** To allow the Conference to choose to make decisions virtually when necessary. **Poll Results: 120 yes (98%) ♦ 2 no (2%) ♦ 1 abstain (1%) ♦ 0 present not voting**

**Motion V2:** Due to travel restrictions and safety concerns from the global COVID-19 pandemic, the 2020-2022 Conference cycle is extended to 2023. A short, interim, virtual, Conference business meeting shall be held in 2022 to fulfil our obligation to address legally essential business, as described in Motion V3, and to approve the Spiritual Principle a Day book if the WSC chooses to do so. After the essential business is conducted, the 2022 virtual meeting of the WSC shall recess and reconvene in 2023. Dates and deadlines pertaining to the meeting of the Conference in 2023 shall be provided by the World Board, including CAR motion deadlines, and seating application deadlines.

**Maker:** World Board

**Intent:** To adapt the current Conference schedule due to the global pandemic. **Poll Results: 110 yes (92%) ♦ 7 no (6%) ♦ 3 abstain (3%) ♦ 3 present not voting**

**Motion V3:** The business for the virtual session of the WSC in 2022 shall be distributed in one electronic document, which for the purposes of business and decision-making shall serve as an interim *Conference Agenda Report (CAR)* and Conference Approval Track (CAT) using the current CAR deadlines and distribution dates and shall include:

1. NA World Services Budget for one year – 2022-2023
2. Extend existing *FIPT* moratorium on inspection clause for one year. (Acting as the trustor, the delegates present at the virtual WSC 2022, are continuing the suspension of Article 5, Section 3 of the

*FIPT* Operational Rules, while we make a decision about the future. This suspension will expire at the close of WSC 2023.)

3. Adjustment of terms for WSC trusted servants. (the details of this will be provided)

**Maker:** World Board

**Intent:** To describe what is legally required or essential for the Conference in 2022. **Poll Results:** 109 yes (91%) ♦ 6 no (5%) ♦ 5 abstain (4%) ♦ 3 present not voting

**Motion V4:** The business for the virtual session of the WSC in 2022 shall include the approval draft of the Spiritual Principle a Day book (SPAD), which shall be included in the interim *Conference Agenda Report (CAR)*

**Maker:** World Board

**Intent:** To approve the Spiritual Principle a Day book

**Poll Results:** 117 yes (95%) ♦ 4 no (3%) ♦ 2 abstain (2%) ♦ 0 present not voting

21 September 2021 To regions and zones:



WORLD SERVICES

As you have heard, Conference participants came to a consensus to postpone the next World Service Conference until 2023 in the hopes that we will be able to meet in person at that time. The WSC will convene for a partial, interim, virtual meeting in 2022 to make decisions that are required by law and policy, as well as to decide on the Spiritual Principle a Day book, but the conference cycle this time will be three years, ending when the 2023 meeting closes.

You can read the text of the recent motions passed by participants on [www.na.org/conference](http://www.na.org/conference). That page also contains two recommendation reports from the World Board that contain more details about plans for the conference. We are writing to you now about one aspect of these decisions: term limits. As we have reported, we will be asking participants to extend the terms of the world-level trusted servants that are due to expire in 2022 for one year. Six world-level trusted servants have terms that would expire in 2022: three board members, two members of the HRP, and one WSC Cofacilitator. It makes sense to us that they would stay in their positions for the length of the three-year cycle, to help maintain continuity and familiarity with the work of the cycle.

Experience has shown that continuity of trusted servants in a conference cycle helps to make the WSC more effective so we are encouraging regions and zones to consider making similar decisions related to the terms of their delegates and alternates. Of course, each region and zone is free to make its own decisions about trusted servant terms, but we are writing to explain the situation and to let you know what we will be recommending for World Services' trusted servants in case a similar decision makes sense for your service body.

The future of the WSC, after 2023, is something that participants will have to collectively decide. If no decision is made to the contrary, the next World Service Conference would take place in 2025, resuming the two-year cycle.

In this, as in all matters, we are happy to answer any questions or concerns you may have. The easiest way to get in touch is to email us at [worldboard@na.org](mailto:worldboard@na.org).

Thank you to everyone who has served NA during these challenging times.

Yours in service,  
World Board

**19737 Nordhoff Place, Chatsworth, CA 91311**

[www.na.org](http://www.na.org) [Instagram @narcoticsanonymous](https://www.instagram.com/narcoticsanonymous)



# **Upper Rocky Mountain Regional Service Committee (URMRSC) Guidelines**

**Approved February 6, 2021  
Previously Approved February 1, 2020**

Upper Rocky Mountain Regional Service Committee  
P.O. Box 4184  
Cheyenne, WY 82003  
[www.urmrna.org](http://www.urmrna.org)

## **Upper Rocky Mountain Regional Service Committee (URMRSC) Guidelines**

## **Article I     Name**

- Section 1.     This committee shall be known as the Upper Rocky Mountain Regional Service Committee (URMRSC) of Narcotics Anonymous (NA).
- Section 2.     This committee is a member of the World Service Conference (WSC) of NA and thereby is a seated Region and voting member of the WSC.
- Section 3.     This body is part of the Rocky Mountain Zonal Forum (RMZF).

## **Article II     Purpose**

Section 1.     The primary purpose of the URMRSC is to further unity within our Region by maintaining and improving communication with Narcotics Anonymous World Services (NAWS), and our member Areas and groups in accordance with NA's Twelve Traditions and Twelve Concepts; and by serving, and being accountable to, the Areas and groups within our region.

Section 2.     To ensure that our purpose is carried out, the URMRSC Chair may assign officers or RCMs a resource assignment when the need(s) arise(s).

## **Article III     Service Area**

Section 1.     This committee shall serve the geographical area of the US state of Wyoming and what is commonly known as the Nebraska "panhandle".

Section 2.     We shall have the option of including any neighboring areas when necessary.

Section 3.     In the event a new area would like to be a part of the URM, the new area would be required to send representation to two (2) consecutive URMRSC meetings. At the second meeting, the new area would be a full participant with all voting rights afforded as such.

Section 4.     Guideline revisions and item additions voted and approved at the URMRSC will be incorporated into the guidelines by the Secretary at that service meeting. The Secretary will then distribute the guidelines to the Regional Service body when the minutes from that service meeting are distributed.

## **Article IV     Functions**

Section 1.     The URMRSC shall maintain a P.O. Box mailing address, a bank account and a website presence ([www.urmrna.org](http://www.urmrna.org)).

Section 2. The Regional P.O. Box key will be assigned to a trusted servant who lives in the city where the P.O. Box is located (Casper Cheyenne), provided the Regional Secretary does not live in that town. That trusted servant would then be responsible for the Regional mail.

Section 3. The URMRSC shall donate all monies above its working budgets to NAWS.

Section 4. To ensure monetary security of the URMRSC, no two signers on the Regional bank account may reside in the same household.

## **Article V Meetings**

Section 1. All duly elected members of the URMRSC shall hold one regular business meeting on the first Saturday of February, June, August and October at 1 (one) PM. ~~The RSC meeting will be held in Casper (Central Wyoming Area).~~ The RSC will rotate in person business meetings between the areas: Central Wyoming Area (February); Wyoming Western Area (June); Wyo-Braska Area (August); Freedom Seekers Area (October) with the April Assembly held in Central Basin for the next year beginning August 2021. Meetings will be set by the delegate team in cooperation and conjunction with the hosting area's RCM or an area contact and should be held in a location that significantly reduces travel for all its members. Two additional virtual meetings will be scheduled at 10:00 AM for the first Saturday of December and the Saturday after the assembly in April, beginning December of 2021. There will be no workshops presented at these virtual meetings, the purpose is to concentrate only on business and reports.

Section 2. Regional workshops are held at 10:00 AM to 11:30 AM with a lunch break from 11:30 AM to 1:00 PM at which time the regional business meeting will begin. The delegate team will determine the nature of the workshops, prepare the material needed and facilitate the workshops. There may be times when this schedule would change due to extended time needed for business. It is recommended that all committee members attend the regional workshops.

Section 3. The Regional Assembly will be held the first Saturday of April at 9 (nine) AM, and will be arranged by the RD. This is in addition to the business meetings in February, April, June, August, October and December. All members of the URMRSC are encouraged, but not required, to attend the Assembly. Final CAR votes will be accepted by GSR's at the assembly. Additionally, on Conference (even numbered) years, the Delegate team of the URMR will hold a Conference Agenda Report (CAR) workshop for our Region GSRs starting at 9 (nine) am prior to the February RSC meeting.

Section 4. Special meetings may be requested by the Chairperson or Vice Chair on being advised of a matter of special urgency. Reasonable notice of such meetings must be given to all voting participants by the Chair and is defined as two (2) weeks.



Section 5. All URMRSRSC business meetings shall be open to any member of NA as non-voting participants but shall be closed to the general public unless specifically approved by the Chair. The only participants shall be those listed in article VI, unless the chairperson requests special input or clarification.

Section 6. A hybrid of Consensus-Based Decision Making (CBDM) and Robert's Rules of Order will be used as procedure. Robert's Rules of Order will be used only where Consensus-Based Decision Making (CBDM) would not apply.

Section 7. Matters that would not apply to CBDM would be Money Matters, approving minutes and guidelines and nominations of trusted servants, this will fall under Robert's Rules of Order, all other matters would have the CBDM process.

## Article VI Participants

This Committee shall have two (2) types of participants, that of voting and of non-voting. Voting participants shall have no more than one (1) vote.

Section 1. Voting members must be clean to be participants of the URMRSRSC. These participants are expected to attend all URMRSRSC meetings. Officers shall not hold positions of RCM of an area; we recognize the primary importance of the RCM vote.

The voting participants of the URMRSRSC are the following officers:

1. Chair
2. Vice Chair
3. Secretary
4. Treasurer
5. Regional Delegate
6. Alternate Delegate
7. Convention Committee Chair (current)
8. Convention Committee Chair (incoming)
9. Regional Committee Members (RCMs) or their alternate

Regional Committee Members (RCM) or their alternates as elected by, and represent, their Area's conscience. The RCMs can be chosen as resource people by the RSC Chair. Areas currently served by the URMRSRSC are:

- Central Basin Area
- Central Wyoming Area
- Freedom Seekers Area
- Wyo-Braska Area
- Wyoming Western Area

Section 2. Members of NA outside the RSC may attend URMRSRSC meetings as non-voting members and may speak provided the Chairperson has granted them the floor.

Section 3. New groups will be listed on the regional website and meeting list if there is a contact person for that group and it is brought to region by any member of the regional body. If unable to establish contact in 3 attempts, the group may be removed from the regional website and meeting list.

## **Article VII Duties of Officers**

All Officers shall follow these Guidelines as set forth by the URMRSC and shall submit a written report to the Secretary before each RSC. Each of the officers listed below, with the exception of the RD, AD, and Convention Committee Chair(s) serves for a period of two (2) years and shall not serve for more than two consecutive terms. All these offices are open to any NA member who meets the requirements stated below. Any member serving on the URMRSC should have a working knowledge of NA's Twelve Steps, Twelve Traditions, Twelve Concepts, and reside within one of the Areas served by the URMRSC. In addition to the requirements listed below, officers shall have the following: willingness and desire to serve, personal time and ability to serve, resources to travel, and continued abstinence during term of office. Based on our experience and to ensure continuity, outgoing officers are encouraged to remain active within the RSC and help to train newly elected officers.

### **Section 1. Chairperson**

Service experience: two (2) years minimum, three (3) years clean time, ability to chair in a firm and understanding manner, arranges agenda and presides over business meetings, maintaining order and calling for pros and cons, maintains a good working relationship with all other officers of the committee, co-signer of the URMRSC bank account, votes only in the case of a tie or may send discussion back to the Areas. The Chairperson will be responsible for conducting training for any upcoming open positions prior to the election being held. The Chairperson will work with the current position holder in the creating, gathering and presentation of the training.

**The chair will follow the voting procedures that allow for both CBDM and Robert's Rules of Order, per the guidelines in Article VIII.**

### **Section 2. Vice Chairperson**

Service experience: minimum one (1) year, two (2) years clean time, ability to chair in a firm and understanding manner, performs duties of absent officers, or any other positions that are vacant, performs the Chair's duties in the absence of the Chair, is a co-signer on the URMRSC bank account.

### **Section 3. Secretary**

Service experience: minimum one (1) year, two (2) years clean time, takes accurate minutes of each URMRSC business meeting, distributes such minutes within one (1) month after the last URMRSC meeting to all officers and RCMs, keeps a current contact list of all URMRSC participants, is responsible for P.O. Box, P.O. Box key (if the Secretary resides in the same

city the P.O. Box is located) and all Regional mailings, will have a file cabinet containing archives. File cabinets and archives will be turned over at the end of each of their terms to the new officer. The secretary will track and update approved guideline changes with dates of the changes.

Section 4. Treasurer

Service experience: two (2) years minimum, five (5) years clean time requirement, prior treasurer experience demonstrating responsible handling of fellowship funds, custodian of URMRS bank account and is responsible for reconciling checkbook, gives a written financial report at every business meeting, makes ledgers, journals, etc., available for auditing on a quarterly basis, is a co-signer on the URMRS bank account, sends all monies over the defined sub-account caps to NAWS after each URMRS meeting, prepares estimates and recommendations of operating budget requirements and reports these to the URMRS on request and will have a file cabinet containing archives. File cabinets and archives will be turned over at the end of each of their terms to the new officer.

Section 5. Regional Delegate (RD)

Service experience: two (2) years minimum experience at the area or regional level, five (5) years clean time requirement. Serves for two (2) conference cycles, primary responsibility of an RD is to work for the good of NA providing two-way communication between the URMRS and NAWS, attends all regularly scheduled URMRS meetings, maintains communication with and is available for any problems within the Region's Member Areas, works closely with the Regional Officers and any Resource Person, and is a source of information and guidance in matters concerning NA's Twelve Traditions and Twelve Concepts. In absence of both the Chair and Vice Chair, they shall act as Regional Chair. Participates at the WSC as the voice of the Region at the World Level and ought to receive a vote of confidence from the Region to vote on items not on the CAR, or where a specific discussion has not been obtained, evaluating each item with the needs of our group conscience in mind and the NA's Twelve Concepts. Attends the RMZF meeting yearly in July and attends the CAR workshop each conference cycle every other December. Acts as the co-facilitator and selects the topics for the Regional Assembly and all Regional Workshops and is a co-signer on the URMRS bank account. The Regional Delegate will be in possession of the Regional Bank Account debit card and is the single point of accountability for that debit card.

Section 6. Alternate Delegate (AD)

Service experience: two (2) years' experience at the area or regional level, four (4) years clean time, serves for two (2) conference cycles, preferably, assumes the responsibilities of the RD if the RD is not available, attends the WSC, attends the RMZF meeting yearly in July and attends the CAR workshop each conference cycle every other December, acts as the

cofacilitator for the yearly Regional Assembly and all Regional Workshops and is a cosigner on the URMRSB bank account.

Section 7. Web Servant

Service experience: two (2) years' experience at the area or regional level, four (4) years clean time, serves two-year term, preferably, NA service and computer/web experience, maintains URMRSB website and web presence, maintains updated URMRSB regular meeting list, maintains current information & website links for all Areas in the URM Region, keeps current email links on website for regular officers & RCM's. The Web Servant will also maintain the email account as well as be the single point of accountability for the Region's Zoom account.

Section 8. Convention Chairs (two - one current, one for following year)

Service experience: two (2) years' experience at the area or regional level, three (3) years clean time, serve one- and one-half year's term, preferably, coordinates the assignment of convention executive committee, assigns and coordinates appropriate Convention subcommittee chairs/members, facilitates the convention committee meetings, fulfills duties of any Convention executive committee member vacant and fulfills duties of any Convention sub-committee chair vacant in absence of Convention Vice-Chair.

### Article VIII Voting Procedures

Section 1. Each duly elected RCM is entitled to vote; in the event of an RCM's absence the RCM Alternate shall have the RCM's vote.

Section 2. Officers (excluding the Chairperson), as recognized by the URMRSB, shall vote on all URMRSB business matters as recognized per Concept Seven.

Section 3. The Chairperson shall have one (1) vote only in the event of a tie.

Section 4. Money Matters falls to Robert's Rules of Order for voting and requires a quorum, that will be determined at the beginning of the business meeting. A quorum shall consist of two-thirds (2/3) of the URMRSB voting participants. This quorum being present, a simple majority shall decide the matters before the Committee. CBDM requires 90% for strong support.

Section 5. The following is the hybrid procedure:

- a. The election of Officers (the nomination process is Roberts Rules) then switches to CBDM for discussion and election
- b. Motions and Proposals – this is where the hybrid of CBDM and Roberts Rule's is present – CBDM is discussion with consensus results and Roberts Rules is the motion process

Section 6. CBDM will address any participants not in agreement with the proposal. Straw polls will be conducted to see if the consensus moves in one direction or the other. When a consensus cannot be met after the straw polls (limited to 3 straw polls) the chair will need to switch to RR and call for a motion and the vote.

Section 7. Proposals do not need a second, motions require a seconded motion from a voting participant.

Section 8. Each motion or proposal, including its intent will be written by the maker and read by the Secretary.

Section 9. URMRS officers and RCMs are the only participants who may make and/or second (2<sup>nd</sup>) motions.

## **Article IX Elections**

Section 1. Nominations and elections for all officers and participants listed in Article VII will be held as follows:

February RSC - Convention Committee Chair, Web Servant

June RSC – Chairperson and Vice Chairperson, Secretary  
and the Treasurer

October RSC – RD and AD

Section 2. All nominees must be present or submit a written request at the time of their nomination in order to be elected to a position of the URMRS.

Section 3. In the event of a vacated office, temporary appointments may be made by  
election until the next regularly scheduled election.

Section 4. If at the time of election, the newly elected officer is an RCM, that person shall resign as RCM, enabling the Area to elect a new RCM, thus ensuring all Areas equality of representation.

Section 5. Vice chair, AD, or any other alternate type officers do not automatically assume the next higher position. They must be given a vote of approval by the URMRS.

Section 6. Upon election, any officer or of the URMRS shall take office at the conclusion of the meeting at which they were elected. All privileges, voting and otherwise, will be honored by the body at its next regularly scheduled meeting.

Section 7. We suggest each URMRSR officer keeps archives of their position and pass them to their successors, prepare a statement explaining how they have best found to do their duties. Archives should explain what the committee did and how they accomplished it. Collected archives should be passed on to the next officer to further our work in the most productive manner.

## **Article X Removal of Officers**

The URMRSR may declare vacant the position of any officer who has been:

1. Absent at two consecutive URMRSR meetings without contact or representation.
2. Found unable, by the committee, to perform the duty of the position.
3. Fails to meet requirements and duties as described in Article VII.

Section 1. No officer shall be removed without cause and has the right to enact Concept Ten on their own behalf.

Section 2. A two-thirds (2/3) majority vote of all voting participants shall be required in the removal of any officer.

## **Article XI Money Matters**

Section 1. The Secretary may be reimbursed up to twenty-five (\$25.00) at each RSC meeting to cover the expense of the minutes.

Section 2. The URMRSR Treasurer will first, with all donations, cap the Regional Travel Fund at \$3,000.00. The Treasurer will maintain a \$500 operating fund which is not to be used for travel.

Section 3. The URMRSR will donate any remaining funds, after meeting the caps, after each URMRSR meeting, to NAWS.

Section 4. The URMRSR will pay all officers up to thirty (.30) cents per mile to travel to all RSC meetings as requested.

Section 5. Officers are asked to carpool when feasible and if possible, to share hotel rooms.

Section 6. Reimbursement to areas hosting regional meetings is capped at \$100.00.

Section 7. The URMRSR will fund its RD to attend the RMZF meeting yearly, the RMZF CAR workshop biyearly and the annual Regional Assembly. It is this body's responsibility to fund the Rocky Mountain Zonal Forum when it's our turn to host – which means to get a facility and supply food.

Section 8. The URMRS C will fund its AD to attend the RMZF meeting yearly, the RMZF CAR workshop biyearly, the annual Regional Assembly and the meeting of the WSC each conference cycle.

Section 9. Funding generally includes automobile or air travel, hotels and foods for delegates and will be paid in advance with mileage and hotel estimates and food stipend as established by NAWS.

Section 10. The executive committee will audit the check book annually in October during workshop time.

## **Article XII Convention Rotation**

Section 1. The rotation for the Regional Convention, URMRCNA, is as follows:

- Wyo-Braska Area
- Freedom Seekers Area
- Wyoming Western Area
- Central Wyoming Area
- Central Basin Area

Section 2. In the event an area is not prepared to host the Convention, the next area in the rotation would do so. This would be decided in February with the election of the incoming Convention Chair.

***Any portion of these guidelines may be amended at any time by a two-thirds (2/3) vote of the URMRS C participants.***

## **Twelve Steps of Narcotics Anonymous**

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.



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### **Twelve Traditions of Narcotics Anonymous**

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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*Twelve Traditions reprinted for adaptation by permission of AA World Services, Inc.*

## **TWELVE CONCEPTS FOR NA SERVICE**

1. To fulfill our fellowship's primary purpose, the NA groups have joined together to create a structure which develops, coordinates, and maintains services on behalf of NA as a whole.
2. The final responsibility and authority for NA services rests with the NA groups.
3. The NA groups delegate to the service structure the authority necessary to fulfill the responsibilities assigned to it.
4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.
5. For each responsibility assigned to the service structure, a single point of decision and accountability should be clearly defined.
6. Group conscience is the spiritual means by which we invite a loving God to influence our decisions.
7. All members of a service body bear substantial responsibility for that body's decisions and should be allowed to fully participate in its decision-making processes.

8. Our service structure depends on the integrity and effectiveness of our communications.
9. All elements of our service structure have the responsibility to carefully consider all viewpoints in their decision-making processes.
10. Any member of a service body can petition that body for the redress of a personal grievance, without fear of reprisal.
11. NA funds are to be used to further our primary purpose and must be managed responsibly.
12. In keeping with the spiritual nature of Narcotics Anonymous, our structure should always be one of service, never of government.

*Copyright © 1989, 1990, 1991 by Narcotics Anonymous World Services, Inc. All rights reserved.  
The Twelve Concepts for NA Service were modeled on AA's Twelve Concepts for World Service,  
published by Alcoholics Anonymous World Services, Inc. and have evolved specific to the needs of  
Narcotics Anonymous.*

### **Group conscience**

“Working with others is only the beginning of service work.”  
Basic Text, p. 59

Service work calls for a selfless devotion to carrying the message to the still-suffering addict. But our attitude of service cannot stop there. Service also requires that we look at ourselves and our motives. Our efforts at service make us highly visible to the fellowship. In NA, it is easy to become a “big fish in a little pond.” Our controlling attitude can easily drive away the newcomer.

Group conscience is one of the most important principles in service. It is vital to remember that the group conscience is what counts, not just our individual beliefs and desires. We lend our thoughts and beliefs to the development of a group conscience. Then when that conscience arises, we accept its guidance. The key is working with others, not against them. If we remember that we strive together to develop a collective conscience, we will see that all sides have equal merit. When all the discussions are over, all sides will come back together to carry a unified message.

It is often tempting to think that we know what is best for the group. If we remember that it doesn't matter if we get our way, then it is easier to allow service to be the vehicle it is intended to be—a way to carry the message to the addict who still suffers.

Just for today: I will take part in the development of group conscience. I will remember that the world won't end just because I don't get my way. I will think about our primary purpose in all my service efforts. I will reach out to a newcomer.

## **Service Prayer**

**“GOD, grant us knowledge that we may serve according to Your Divine precepts. Instill in us a sense of Your purpose. Make us servants of your will and grant us a bond of selflessness that this may truly be your work, not ours, in order that no addict, anywhere, need die from the horrors of addiction.”**

Guidelines approved on February 6, 2021 virtual meeting and sent to the regional body on 03/28/2021.

## Web Report October 2, 2021

Hey Region NA Fam,

Since our last Business meeting we were able to update a few meetings on our meeting list. Which included Lovell, Casper and Cheyenne. If any groups or areas have any new or updated meeting info please let us know. We will get it done. Please take a look at our current meeting list at [urmrna.org](http://urmrna.org). To make sure we are current with dates, times and meeting format.

We got a few events and flyers added to the website, there were also some that did not make it on as well. Really hopeful to get better about adding events and flyers. So if anybody has events that they would like to get onto our website please email them to us.

Our Zoom acct. renewed in August and the invoice was emailed to our Treasurer. The only email to report was already covered by our Delegate. Which was NAWS currently not having hard copies of the basic text available.

Thank you all,  
ILS, Derrick T.

September 30, 2021

### **URMRCNA XXI Convention Budget Report**

#### **Program Chair:**

\$2400 beginning budget  
-\$110 for Cyndy (Main Speaker)  
-\$479.80 for Sean (Main Speaker)  
-\$350 for January (Main Speaker)  
-\$1002.16 Ben (CD Guy)  
Under budget by \$458.04

#### **Arts and Graphics:**

\$600 beginning budget (from previous year)  
-\$82.62 for banners  
-\$59.96 for posters  
-\$300.69 in lanyards  
Under budget by \$156.73

#### **Hotels:**

Total Spent \$4668.80

#### **Fundraising:**

Raised a total of \$3497

-\$200 for corn hole boards for silent auction  
-\$23 for supplies for fundraising events.

**Merchandising**

\$3000 beginning budget  
\$4448.35 total collected from merchandise. Plus have items left over.  
Under budget by about \$200.

**Entertainment:**

\$1500 beginning budget  
-\$380 for Comedian  
-\$600 for putt-putt  
Possibly \$400 under budget. Need an official budget from them.

**Hospitality:**

\$400 beginning budget  
-\$274.05 in groceries  
+ Received \$15 donation  
\$125.95 under budget. (Not including donation)

**Convention Information:**

Was fully self-supporting and did not use any convention money.

**Registration:**

180 registered. 107 were preregistered and 73 on site registered.

**Treasurers Report:**

Ending balance of \$11,195.16

September 30, 2021

**URMRCNA XXI Convention Chair  
Final Report**

Hello everyone. This year's convention was two years in the making and a complete success considering we are in a worldwide pandemic.

There were a total of 180 total registrations. 107 were pre registrations and the other 73 were on site registrations. We offered both paper and online registration. Our registration bags included a pen, magnet, and a sticker. Registration worked well by using different colored lanyards identifying convention committee members (purple) and white for newcomers. It was very helpful to have a spreadsheet to monitor all registrations and the items they pre ordered. We also used different stickers on the nametags to identify if they purchased the breakfast, dinner, or

comedian. Next year we suggest having a spot on the registration to list their phone number and to ask everyone to bring their pay pal receipts if they paid online, also the website needs tweaked a little.

CJ and the PR/PI committee set up a table with PR and H&I pamphlets and info about the two subcommittees. We had quite a bit of interest and it worked well being in the registration room.

Programs went very well. We had three main speakers, which included Cyndy C., Sean K, and January. We also offered many workshops through out the convention that were a great success with varying subjects! Programs spent \$1,941.96 including CD guy Ben.

Our hotel was great! They went above and beyond to accommodate us including discounting some of our main speakers rooms. The breakfast and dinner were both great meals and they made sure everyone got enough shrimp! Hotels and Hospitality spent \$4,942.85.

We had a large amount of merchandise including homemade items thanks to Cyndy C. and her beautiful talent! We sold items that included shirts, hoodies, tank tops, water bottles and coffee cups advertising the convention brand. Cyndy also offered her hand made NA coffee cups, medallions, and book covers. Everything was a complete success. We do have a decent amount of merchandise left over in which we haven't decided what to do with yet.

Ashley G. was in charge of our fundraising and did a great job. She hosted seven fundraising events before the convention. At the convention she did 50/50 raffle, raffle table, and silent auction items. In total she raised \$3,497.

Rob was our treasurer and did an outstanding job. The spreadsheets this man created were genius and helped us stay organized through out the whole process. We only had two people on the bank account, which made it very easy to keep everything together. It also made it easy we were able to look at that account from our cellphones at any given time to see what checks had been processed etc.

There is \$6000.00 in the convention account.

Around \$5,195.16 should be put in the region account. We are still finishing up last minute things.

Overall the convention was a complete success and everyone enjoyed themselves. None of this would have been possible if we didn't have the committee we did! The service everyone put in was outstanding and I am truly proud to be apart of such a strong recovery community

Thanks for letting me be of service,  
Jenni W

Hello region,  
Here is the XXII convention report

The convention them is the solution that eluded us for so long. The date is May 20th-22th 2022 at the Days Inn at Thermopolis. We are working on are main speakers and workshop speakers. we are looking at Dan R. contract for taping the convention who has replaced Ben L. The merchandise committee is looking at Robert M. contract and are going to look into other merchandise people before they decide who they want. We will only have one vendor, tape guy and are convention shirts, cups etc. at convention. The entertainment committee has set up a fundraiser for Oct. 30th in Cody, it is a chilli, instapot cook off, dessert auction, costume party. They are also working on a calendar to sell for a fundraiser. We will be in the same hotel as last time they are working with us really well.

We have 60 rooms blocked and as soon as i know the banquet i will let you know. As of now we have a lot of committee members that were on are last convention as well as newer members on the subcommittees. Everyone is excited to be involved in the up coming convention. As of now we are working on entertainment ideas, and will be working on registration at our next meeting. Thank you for letting us host the 2022 region convention.

ils Ben

10/1/21

## Central Basin Area

Stepheno

Saturday, August 7, 2021

Central Basin Area of Narcotics Anonymous Regional Committee Member Report  
To Upper Rocky Mountain Region of Narcotics Anonymous (URMRNA)

From: Stepheno of the Thermop NA Group,  
Regional Committee Member of Central Basin Area Narcotics Anonymous

Dear URMRNA Service Committee Members;

Greetings from the Central Basin Groups of Cody, Powell, Lovell, Thermopolis, and

Lander. The groups conduct 12 weekly meetings in the Central Basin Area:

3 in Cody (2 are hybrid)



2 in Lander  
1 in Lovell: (Hybrid)  
4 in Powell  
2 in Thermopolis

(Note: the Lander group is now meeting in person only.)

Reporting From the Area Service Committee Meeting held during the Deaver Lake campout on July 10th, 2021.

From the Treasurer:

The current balance of CBANA checking account is \$1022.28

A motion was made and passed to donate \$100.00 to URMRNA.

Request was made by the committee to provide an annual report with which to determine yearly expenses and whether an adjustment should be made to the prudent reserve.

PI / H&I

The recent CBANA printed paper meeting schedules w/ Scan Code link to Regional Website have been distributed and are current, correct & up to date.

Weekly NA meetings continue at Cody's Cedar Mountain Center hosted by the local Cody group.

Men's meetings at the Hot Springs Co. Jail continue weekly on Thursday nights @ 7pm. Women's meetings (monthly) are available (Recently there's been no women in the jail.)

The Powell group hosted a Public Relations workshop June 12th. Working on assembling a panel of experienced NA's to carry PI presentations into local facilities, public and private. A powerpoint presentation is scheduled for the next PI / H&I meeting on Sept. 11th.

Phone Hot Line is active with no changes.  
Saturday, August 7, 2021

In the Forum discussion at the Area meeting an issue of concern was raised about members clean time when doing DRT. Some addicts have felt unwelcome at meetings.

Convention 2022

CBANA hosting committee for the 2022 Regional Convention in Thermopolis continues its efforts and preparations and has some exciting news. A full report to be given by Ben H., 2022 Convention Chair.

Powell hosted the annual NA10K Beartooth Pass/ Top of the World Motorcycle Rally with great success and had the largest gathering ever on the mountain. See y'all again next year.

That's it.

Respectfully Submitted,

ILS, Stepheno  
CBANA RCM  
307.921.0880 stephenheinen@gmail.com

Number of Groups:  
7

Number of meetings per week: Average number of members: Number of  
Newcomers:

Do you have any new meetings?

Meeting name

Day it meets

Time it meets

Location

Format

11

40 ?

No

Registered with NAWS (Group number)  
NAWS Registered

Area Chair and contact information:  
Christin S. 307.921.2379

### **Area Sub-Committees:**

Activities

H&I  
Hot Springs Co. Jail Mtg. Thursdays @ 7pm. Cedar Mountain Center,  
Cody,  
has suspended mtgs. for the time being due to Covid.

Literature  
Current and distributed.

PR  
PI Panel Project moving forward with a training workshop in the  
works.

8pcoming (Yents  
Halloween Fundraiser, October 30th, 2-8 pm, Location T.B.A.  
URMRCNA XXII May 20-22, 2022, Thermopolis Days Inn.

Area & concerns  
Focus on Convention prep and fundraising.

+ow can 8RMR better serYe your area"

Any topics for the sharing session"

Clarification on meetings in the Area that we support by listing them on our printed meeting schedules. but are not part of CBANA and what we report on this form.

Donation to Region

None

Next Area Service & committee meeting date  
Nov. 13, 2022, 12:30 pm Thermopolis

## **Central Wyoming Report**

Jenni is giving a verbal report for Billy. She verbally gave the meeting schedule. All meetings are fully self-supporting. She also talked about the ABC party for new year. She also talked about ad hoc committee that will be going to the Lagoon in Utah in August of next year.

## **Freedom Seekers Report**

Maggie Verbal

Hello Region although I am not excited about this new format and had some issues trying to turn it into a document and type on it I will do my best to give the information asked for.

## **\*Wyo-Braska Area**

\*RCM Dave W.

\*RCM2 Brandon T.

\*We have 14 groups operating in Wyo-Braska Area.

\*Total of 43 meetings a week

\*We have 1-3 new comers on average at the most meetings.

\*Robert K. Is our Area chair-+13072213290

Sub committee information as follows

\*Activities is vacant. Vice Chair Jason K is filling in as per our guidelines

\*H&I is chaired by Aaron B. Under the umbrella of PR.

\*PR is chaired by Alyssa C.-3072620157

\*We are planning a Halloween event but details will be revealed as planning goes on.

\*Our Area concerns.

- we held a safety panel and discussion as an area on September 26th hosted by Stephen G. and Area members to discuss meeting safety and dealing with disruption at meetings.

-Our area has concerns about the absence of attendance and guidance by members who have significant clean time.

-apparently there concerns about Area members taking inventory of other members at Area.

\* Regions help would be appreciated in the area mentioned under concerns.

\* Topics at sharing session?

\* We have no donation at this time.

In loving service'

DAVE W. AND BRANDON T.

**Wyoming Western need emailed to the google groups**